

LAKE STOCKWELL DAY CAMP AT YMCA OF THE PINES

THE STOCKWELL SCOOP

FEBRUARY 2022 ISSUE

DID YOU KNOW?



**SWIMMING IS
ONE OF THE
TOP 5
FAVORITE
CAMP
ACTIVITIES!**

FEBRUARY ANNOUNCEMENTS

The 5% discount is valid until midnight on Sunday, February 13, 2022. Limited sessions are available. Register and jump on the waitlist soon!

GAGA

LITTLE
RED
WAGON

CHIPWICH

BULLSEYE

TRACTOR
RIDES

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**CLICK HERE
TO REGISTER**



CHARACTER BEADS

We are dedicated to giving our campers the opportunity to reach their fullest potential. Our 6 core values are the foundation of our day camp program. They are taught throughout each activity area and modeled by our camp staff.

Core Value Definitions:

Caring: show a sincere concern for others

Honesty: be truthful in what you say or do

Respect: treat others the way you would want to be treated

Responsibility: be accountable for your promises and actions

Courage: be brave toward your best self

Inclusion: accept, welcome, and embrace all

Beads are awarded to campers who have demonstrated one of the 6 core values. Throughout the week, camp staff will keep a record of campers' behaviors, participation, and attitude.

Campers will be awarded one bead for each value demonstrated. When all 6 core values are earned, campers are able to trade them in for a rainbow bead.

Each camper is given a keychain during their first camp session to hold their beads. A perfect keepsake to add to their camp backpack for their peers and counselors to see!

WAYS TO EARN CHARACTER BEADS



CARING

- Shows acts of kindness
- Goes out of their way for others
- Willing to be a buddy with anyone
- Lends a helping hand
- Shows interest in others

HONESTY

- Tells the truth
- Admits to mistakes
- Apologizes, when necessary
- Does what's right regardless of who is around
- Being someone others can trust

RESPECT

- Uses manners
- Follows directions
- Shows good sportsmanship
- Considers others' feelings, thoughts, and needs

RESPONSIBILITY

- Takes pride in taking care of Stockwell
- Always has their belongings
- Picks up trash without hesitation
- Keeps hands, feet, etc. to themselves

COURAGE

- Participates in every activity
- Sets a positive example for others
- Tries something new
- Communicates with counselors
- Shows initiative

INCLUSION

- Includes new campers
- Happy to share with others
- Lets others join in on an activity
- Accepts others' uniqueness

SWIM EVALUATIONS

Every camper must participate in a swimming evaluation to swim in our lake. Our certified lifeguards will make the evaluation of swimming ability and place campers in the appropriate swim level sections. Each of our waterfronts is sectioned off into three different swimming levels based on the depth of the water - white, green, and red.

The white section is open to all campers and is the shallowest section. The green section is the middle section and requires a little more endurance. Finally, the red section is our deepest section at the waterfront and is best for campers who can comfortably swim for extended periods of time, without touching the bottom.



Our lifeguards take their jobs very seriously and watch during tests for signs that your camper may not be in the safest section for them.

Signs that your camper may not be ready for the section that they are testing for are as follows:

- repeated motions of reaching for the bottom of the lake for support or a break
- fully submerging their head at any point of the test where it is not required
- if they seem overexerted or claim to feel too tired during the test
- inability to complete a dock length of one of the strokes
- reaching for the dock for assistance or support

Campers are encouraged to test for more advanced swim levels at the beginning of each week. With hard work and patience, campers can advance to deeper sections.

If campers are registered for multiple weeks, they do not have to complete a swim evaluation each week. Your camper will be able to swim in the white section while their fellow campers are testing.

EVALUATION REQUIREMENTS

White section: walk out to the deepest point of the section and touch the rope. this ensures that campers are able to touch the bottom of the whole section.

Green section: two dock lengths of freestyle, one deck length of breaststroke (unmodified), and thirty seconds of treading water. This is to ensure that campers who may not be able to touch have the stamina to keep swimming in a safe manner.

Red section: two dock lengths of freestyle, two dock lengths of breaststroke (unmodified), and one minute of treading water. Our red section is between 6'-8'. Stamina and the ability to keep swimming for long periods of time, without grabbing the dock for assistance, are of the utmost importance.