

Camp Ockanickon
SLEEPAWAY CAMP FOR BOYS pg. 2-7



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Camp Matollionequay
SLEEPAWAY CAMP FOR GIRLS pg. 2, 3, 8-11

Lake Stockwell
COED DAY CAMP pg.12-15

BOLD & GOLD
OUTDOOR LEADERSHIP
DEVELOPMENT
WILDERNESS TRIPS
pg.16-17

OPEN HOUSE
OCKANICKON,
MATOLLIONEQUAY,
BOLD & GOLD
Sunday, April 7
Sunday, April 28
OVERNIGHT CAMP AND
WILDERNESS TRIPS

OPEN HOUSE
STOCKWELL
Sunday, April 28

**EXPLORE,
GROW, AND THRIVE
THIS SUMMER!**



**YMCA OF
THE PINES**
EXPLORE. GROW. THRIVE.

**Summer
2024**



Camp Ockanickon & Camp

OUR CORE CHARACTER

At Camp Ockanickon and Camp Matollionequay, we believe that your camper is the hero of their own journey. On their journey at camp, they will develop independence, tenacity, and emotional intelligence through our skill competency and our character development program.



ASCENDER POTENTIAL: INSPIRED BY: Frank DeMartini, a former Ockanickon camper, lost his life helping to save dozens of people during the September 11th, 2001 attacks. He was last seen going back up the tower to save others before it collapsed. Ascender Potential is about acting when action is necessary.



ELDER POTENTIAL: INSPIRED BY: Chief Ockanickon, a 17th Century leader of the Lenni-Lenape and namesake of our camp. On his deathbed, he famously said, *"Be plain and fair to all as I have been."* Elder Potential is about valuing each other and respecting all.



SPIRIT POTENTIAL: INSPIRED BY: The unique spirit and feel of summer camp, especially derived from the phrases, "Spirit of Matollionequay" and "Spirit of Ockanickon." Camp is all about joy and togetherness. Spirit Potential is about seizing joy together.



STARGAZER POTENTIAL: INSPIRED BY: The achievements and accomplishments of the Ockanickon and Matollionequay alumni over the last 118 years. From spending summers looking up at the stars, to becoming scientists, educators, governors, and generals. Our alumni have gone on to do tremendous things with their lives. Stargazer Potential is about being courageously curious.



STORM POTENTIAL: INSPIRED BY: The 2004 storm destroyed our dams and washed away our camp lakes for the following few summers. The New York Times called it a "1000-year storm." Despite the damage, our lakes came back stronger and more beautiful than ever, and enjoyed by hundreds of campers every summer. Storm Potential is about striving again in the face of failure.



MONK POTENTIAL: INSPIRED BY: Thích Nhất Hạnh was a Vietnamese Buddhist monk and an esteemed guest to our camp in the summer of 1962. He was nominated for the Nobel Peace Prize by Dr. Martin Luther King, Jr. Monk Potential is about aiming to understand and searching for the truth.

Remember, The Hero is You!

CAMP FOR CHARACTER

Matollionequay

FREQUENTLY ASKED QUESTIONS ABOUT SLEPAWAY CAMP

What will my child eat?

Campers are served three hot meals a day, and an afternoon snack. Each meal has a variety to choose from, including alternative options such as sandwiches, salad bar, cereal and fruit. We cater to all allergies and dietary restrictions.

YMCA of the Pines is a nut-free camp.

Where will my child sleep?

Our sleepaway campers reside in cozy cabins with similar-aged peers, under the close supervision of counselors and program coordinators. The cabins sleep 8 total, and 1-2 staff are present in the cabin with the campers. We honor one mutual bunkmate request per camper.

How does camp handle homesickness?

Homesickness is normal, and that's okay! Our staff are trained to make the transition into camp as seamless as possible. Our check-in day programming is designed to quickly engage campers with their bunkmates so friendships can form, and campers feel comfortable in their new summer home. Our on-site Social Worker is also present to support your camper if they are having difficulty transitioning into camp. In serious cases, the Social Worker, Parent Liaison or the Camp Director will notify you.

What if my child gets sick?

We have a licensed nurse on site 24-hours a day, throughout the entire session. Each camp has a fully stocked, climate-controlled infirmary to store medication, and address all campers' medical needs. In addition, many of our staff are trained and certified in CPR and AED, and all staff are trained on handling blood-borne pathogens. If your child becomes sick or injured, you will be notified immediately while your child receives the care they need.

Questions?

Reach out at info@ycamp.org, or by calling our Welcome Center at 609.654.8225.

Overnight Camp Session Dates & Rates

1 Week Sessions

Session 1: Sunday, June 23 – Saturday, June 29
Session 2: Sunday, June 30 – Saturday, July 6
Session 5: Sunday, August 4 – Saturday, August 10
Session 6: Sunday, August 11 – Saturday, August 17
Session 7: Sunday, August 18 – Saturday, August 24
(co-ed camp held at Camp Matollionequay)

2 Week Sessions (Sessions 3 & 4)

Session 3: Sunday, July 7 – Saturday, July 20
"Matocky Games"
Session 4: Sunday, July 21 – Saturday, August 3
"Dusk vs. Dawn"

2024 Pricing

1 Week Pricing	2 Week Pricing
Tier A: \$1,200	Tier A: \$2,250
Tier B: \$1,065	Tier B: \$1,980
Tier C: \$950	Tier C: \$1,790

*The tiered pricing system is an honor system designed to make camp more affordable and accessible. Levels B & C are below the true cost of camp. We ask that all guardians who can afford to pay Level A, please do so. All chosen levels are confidential and all children receive the same great camp experience.

Mini-Camp Sleepaway Camp, age 6–8

\$549 (no coupons or discounts can be applied)
Session 2: Sunday, June 30 – Wednesday, July 3
Session 3: Sunday, July 7 – Wednesday, July 10

Leadership Trials (Ockanickon only) – 14 & 15 Year Olds

Session 3: Sunday, July 7 – Saturday, July 20
"Matocky Games"
Session 4: Sunday, July 21 – Saturday, August 3
"Dusk vs. Dawn"
Tier A: \$2,250 Tier B \$1,980 Tier C \$1,790

Counselor in Training (CIT) – 16 Year Olds

\$2,545
Sessions 1, 2 & 3: Sunday, June 23 – Saturday, July 20

2024 Additional Programs for Sleepaway Camp

One-Week Horseback
\$275

Changeover Weekend
\$175

No changeover weekend
is offered between
sessions 6&7



CAMP OCKANICKON

SLEEPAWAY CAMP FOR BOYS

At Camp Ockanickon for Boys, we believe that your son is the hero of his own journey.

On his journey at Ockanickon he will develop independence, tenacity, and emotional intelligence through our skill competency and character development program – The Ockanickon Character Universe (OCU).

CAMP OCKANICKON SAMPLE SCHEDULE

7:00am Wake Up

8:00am Flag Raising

8:15 am – 9:00am Breakfast

9:00am – 10:00am Party Time 1

10:15am – 10:30am Morning Announcements

10:45am – 11:45am Club Time

12:00pm – 1:00pm Party Time 2

1:15pm – 2:15pm Lunch

2:30pm – 3:30pm Rest Hour

3:45pm – 4:45pm Junior Swim / Senior Choice Time

5:00pm – 6:00pm Junior Choice Time / Senior Swim

6:15pm – 7:00pm Dinner

7:15pm – 7:45pm Chill at the Field

7:45pm – 8:00pm Evening Program

8:00pm – 8:45pm Showers

9:00pm – 10:30pm Talking Circle & Lights Out

Activities Offered

ADVENTURE

High Ropes
Low Ropes
Rockwall
Static Course
Swamp
Zip Lines

AQUATICS

Canoeing
Kayaking
Paddle Boarding
Swim

ARTS

Arts and Crafts
Drama
Film Club
Music

ATHLETICS

Basketball
Disc Golf
Mountain Biking
Soccer
Tag Football
Tag Rugby
Ultimate Frisbee
Volleyball
Wiffle Ball

NATURE

Fishing
Gardening
Outdoor Cooking
Overnight Camping
Survival

TARGET SPORTS

Archery
Ax Throwing
Speed Archery
Tactical Tag



Ockanickon
Camp Video!

CAMP OCKANICKON, SLEEPAWAY CAMP FOR BOYS

AGES 6-8



Mini Camp (Introduction to Sleepaway Camp)

Benefits/Outcomes of a Mini Camp Experience:

- 3-night and 4-day overnight camp experience.
- Mini Campers experience positive first steps away from home in a nurturing and supportive environment from a dedicated staff with a 1-to-3 Staff-to-Camper ratio.
- Campers begin to build competency and skills in our traditional camp activities such as archery, boating, challenge course, fishing, swimming, science and more.
- Campers are introduced to the Ockanickon Character Universe through Mini Camps' tailored emblem achievement program.
- Counselors help campers try new things, make friends, and explore the new and exciting world of Ockanickon.



How We Reach These Outcomes:

- Programs are led by our well-trained and caring counselors.
- Group games and talking circles help facilitate relationships.
- Core values of caring, honesty, respect, responsibility, courage and inclusion are promoted.

GRADES 2-4



Junior Main Camp

Benefits/Outcomes of a Main Camp Experience:

- 1-Week and 2-Week sessions available.
- Campers take a step in to the Ockanickon Character Universe as they compete in Ockanickon's overarching game, the Elder Quest.
- Campers continue to expand their competency in all our activity areas, adventure, art, athletics, aquatics, target sports, nature, and more.
- Campers participate in an on-property overnight, where they sleep in tents and cook over a campfire.
- Campers get to try all of camp's traditional activities in addition to having two daily choice periods a day.



How We Reach These Outcomes:

- Schedules are designed for campers to try all camp has to offer in addition to selecting two daily choice periods a day.
- Campers set S.M.A.R.T goals at the beginning of each session.
- Campers work towards earning "Emblems", which are challenges integrated into all of camp's activities.

CAMP OCKANICKON, CAMP FOR CHARACTER

GRADES 5-8



Senior Main Camp

Benefits/Outcomes of a Main Camp Experience:

- 1-Week and 2-Week sessions available.
- Campers are deeply immersed in the Ockanickon Character Universe as they compete in Ockanickon's overarching game, the Elder Quest.
- Campers have more autonomy over their schedule by selecting progressive skill clubs and having daily choice periods.
- Campers continue to expand their competency in more advanced activities such as, Dungeons and Dragons Club, Film Club, the Blue Feather Press, and more.
- Campers participate in an on property overnight, where they sleep in tents and cook over campfires.



How We Reach These Outcomes:

- Campers set S.M.A.R.T goals at the beginning of each session.
- Campers select progressive skill clubs and daily choice period.
- Campers work towards earning "Emblems", which are challenges integrated into all of camp's activities.

GRADES 9-11



Leadership Opportunities (Rangers Wilderness Trips, Leadership Trials, & Counselor in Training)

Rangers Wilderness Trip (14-16 years old):

- 2-Week program includes a 9-day canoeing and hiking trip on the Appalachian Trail and Delaware River.
- Dedicated staff trained in Wilderness First Aid, CPR, Lifeguarding, and Outdoor Leadership Skills.
- Campers reach new levels of independence, competency, and responsibility.

Leadership Trialists (LTs) (14-15 years old):

- 2-Week program is open to campers who have at least completed 8th grade.
- Leadership Trials opens the world of the Ockanickon Character Universe and gives campers the opportunity to achieve emblems only available in this program.
- Leadership Trialists help plan and execute the Elder Quest for our younger campers.

Counselor in Training (CIT) (16 years old):

- The Counselor in Training program is open to campers who have completed 10th Grade.
- Campers take their first step toward becoming counselors in this 4-week leadership program.
- CITs will further develop their problem solving and emotional intelligence skills while learning how to become a Camp Ockanickon counselor and Activity Specialist.

How We Reach These Outcomes:

- Leadership Trialists play a pivotal role in guiding and executing the Elder Quest program for our youngest campers.
- CITs acquire the skills necessary to design and implement age-appropriate lesson plans, facilitate activities, and run an evening program.
- CITs shadow in cabins during their last week of the program.
- CITs participate in a culminating project.
- Following the successful completion of the CIT program, campers are eligible to be hired at Lake Stockwell Day Camp as Assistant Counselors.

CAMP MATOLLIONEQUAY

SLEEPAWAY CAMP FOR GIRLS

At Matollionequay for Girls,
the possibilities are endless.
Matolly girls develop skills that lead to
growth, resiliency, creative
self-expression and self-confidence.
Through nature hikes, horseback riding,
swimming, canoeing, archery, challenge
courses and evening cabin chat times,
it's a place where character is built and
long-lasting friendships are formed.



**Matollionequay
Camp Video!**

CAMP MATOLLIONEQUAY SAMPLE SCHEDULE

7:30am Wake up!
7:50am Flag Raising
8:00am Pajama Breakfast
8:45am Morning Announcements
9:00am Cabin Cleanup
9:40 – 10:30am 1st Activity Period / Junior Choice
10:40 – 11:30am 2nd Activity Period
11:40 – 12:30pm 3rd Activity Period
12:45 – 1:30pm Lunch
1:30 – 2:30pm Rest Hour
2:40 – 3:30pm 4th Activity Period / Junior Choice
3:40 – 4:30pm 5th Activity Period
4:30 – 4:40pm Snack
4:40 – 5:20pm Cabin Time
5:20 – 6:00pm Showers & Mail
6:00pm Dinner
6:45 – 7:45pm Chill
8:00 – 9:00pm Evening Program
9:15 – 10:30pm Candle & Lights Out



ACTIVITIES OFFERED

ARTS

Arts and Crafts
Ceramics
Drama
Jewelry Making
Painting & Drawing
Music

AQUATICS

Boating
Swim

ADVENTURE

High Ropes
Low Ropes
Rockwall
Static Course
Swamp
Zip Lines

NATURE

Gardening
Outdoor Cooking
Overnights
Nature

ATHLETICS

Archery
Basketball
Dance
Fishing
Horseback Riding
Landsports
Soccer
Tennis
Tomahawks
Volleyball
Yoga



CAMP MATOLLIONEQUAY, SLEEPAWAY CAMP FOR GIRLS

AGES 6-8



Mini Camp (Introduction to Sleepaway Camp)

Benefits/Outcomes of a Mini Camp Experience:

- 3-night and 4-day overnight camp experience.
- Courage and self-sufficiency develop as Mini Campers experience positive first steps away from home in a nurturing and supportive environment from a dedicated staff with a 1-to-3 Staff-to-Camper ratio.
- Campers experience Matolly's traditional camp activities such as aquatics, nature, arts, adventure and athletics.
- Campers are introduced to camp's achievement program through goal setting and a token economy.
- Counselors help campers try new things, make friends, and explore the new and exciting world of camp!
- Core values of caring, honesty, respect, responsibility, courage, and inclusion are promoted.



How We Reach These Outcomes:

- Devotion from nurturing, supportive staff ensures that campers feel free to explore.
- Courage, independence and wonder develop through sing-alongs and evening chats.

GRADES 2-4



Junior Main Camp

Benefits/Outcomes of a Main Camp Experience:

- Social and emotional skills flourish, as campers push beyond barriers.
- Acceptance and tolerance emerge through morning "thought of the day" and evening "cabin chats."
- Confidence grows as campers find acceptance in the camp community.
- Curiosity and creativity is cultivated, as campers unplug from devices.
- Education and discovery happen naturally, as campers take on more challenges.



How We Reach These Outcomes:

- Campers have choice in daily activities.
- Counselors instruct, encourage and support campers, modeling camp's core values.
- Each day brims with possibility as campers explore our property and take part in activities.
- Campers step out of comfort zones and try new things with people from all over the world.
- An active lifestyle begins to feel like the norm, without cell phones or electronics.
- Campers learn how to live in a communal environment by completing individual chores and daily cabin inspection.
- Campers set their own goals.

CAMP MATOLLIONEQUAY, CAMP FOR CHARACTER

GRADES 5-9



Senior Main Camp

Benefits/Outcomes of a Main Camp Experience:

- Campers challenge themselves, grow, learn skills, and discover true interests and talents.
- Campers make friends from various backgrounds and cultures.
- Bonds are forged through structured activities, relaxing free time and shared objectives.
- Campers are deeply immersed in the Matollionequay Character Universe as they compete in Matollionequay's overarching goal of the Elder Quest.
- Campers are able to have more autonomy over their schedule by selecting their progressive skills in addition to their daily choice periods.
- Campers continue to expand their competency in more advanced activities such as Ceramics, Baby Sitters Club, Greenie Gazette, Everdeen Archery, Tomahawks, Pitch Perfect and more!
- Campers participate in an on property overnight, where they sleep in tents and cook over campfires!



How We Reach These Outcomes:

- Campers create their entire schedule.
- Creative pursuits and an active lifestyle are encouraged, as campers "unplug" from electronics.
- Afternoon independent time allows for a quiet reprieve of reading and/or restorative downtime.
- Empathy, selflessness and a sense of community are nurtured by devoted role models.
- Stewardship of nature is encouraged through earth education, boating, and hiking.
- Teamwork and stretching individual boundaries are encouraged on our challenge course.

GRADES 9-11



Leadership Opportunities (CIT/Rangers)

Benefits/Outcomes of an Upper Main Camp Experience:

- Older campers emerge as leaders, mentors and role models to younger children.
- Campers learn to be supportive and accepting, to respect diversity and to model good behavior.
- Community service, through leadership programs, broaden campers' worldview, and serve them well as high school years approach.
- Community service hours accrue through certain programs, broadening worldviews and serving them well as the college years approach.
- Social and emotional skills blossom as they become confident, resilient and empowered.

Rangers Wilderness Trip (14-16 years old):

- 2-Week program includes a 9-day canoeing and hiking trip on the Appalachian Trail and Delaware River.
- Dedicated staff trained in Wilderness First Aid, CPR, Lifeguarding, and Outdoor Leadership Skills.
- Campers reach new levels of independence, competency, and responsibility.

Counselor in Training (16 years old):

- The Counselor in Training program is open to campers who have completed 10th Grade.
- Campers take their first steps toward becoming counselors in this 4-week Program.
- CITs will further develop their problem solving and emotional intelligence skills while learning how to become a Camp Matollionequay Counselor and Activity Specialist.

How We Reach These Outcomes:

- Rangers take on greater challenges and grow as leaders through off-site wilderness adventures.
- CITs assisting in organizing the 4th of July carnival.
- CITs acquire the skills necessary to design and implement age-appropriate lesson plans, facilitate activities, and run an evening program.
- CITs shadow in cabins during their last week of the program.
- CITs participate in a culminating project.
- Following the successful completion of the CIT program, campers are eligible to be hired at Lake Stockwell Day Camp as Assistant Counselors.

Stockwell Day Camp Summer Sessions Dates/Rates

Dates: Monday – Friday

Session 1: June 24 – June 28
Session 2: July 1 – July 5
Session 3: July 8 – July 12
Session 4: July 15 – July 19
Session 5: July 22 – July 26
Session 6: July 29 – August 2
Session 7: August 5 – August 9
Session 8: August 12 – August 16
Session 9: August 19 – August 23
Session 10: August 26 – August 30

Preschool Camp Pricing – ages 3 to 4
AM Only (8:30 am to noon) – \$215/week
Full Day (8:30 am to 4:45 pm) – \$350/week

Main Camp Pricing – grades K to 6
1 week: \$480/week
2 to 4 weeks: \$460/week
5 to 7 weeks: \$440/week
8 to 9 weeks: \$400/week
10 weeks: \$390/week

Explorers Pricing – grades 7 –10
1 week: \$525/week
2 to 4 weeks: \$490/week
5 to 7 weeks: \$460/week
8 to 9 weeks: \$430/week
10 weeks: \$425/week

Counselor in Training (CIT) – completed 9th grade
Sessions 3 to 7: July 8 – August 9
\$2,400



All children deserve the opportunity to become the best version of themselves. Camp opens up a world of opportunity in character development, leadership, skill-building and an appreciation for the natural world.

LAKE STOCKWELL DAY CAMP

At Lake Stockwell, our campers enjoy a host of enriching, age-appropriate activities and leadership opportunities. Older campers have more choice in their daily activities and can take part in weekly off-site trips to exciting local destinations.

Preschool Camp (ages 3–4) at Lake Stockwell!

Our youngest campers participate in a variety of camp activities, including arts & crafts, music, science, outdoor games and more!

Check out our Weekly Themes!

SESSION	PRESCHOOL CAMP	MAIN CAMP & EXPLORERS
1	Pirates & Mermaids	Gold Rush
2	Party in the USA	Party in the USA
3	Disney	Disney
4	Preschool Spirit	Stockwell Spirit
5	Color Week	Color Showdown
6	Circus	Super Mario
7	Fairytale Creatures	Harry Potter
8	Down on the Farm	Pokémon
9	Under the Sea	Survivor
10	Around the World	Around the World



To register online, go to www.ycamp.org



Lake Stockwell
Day Camp Video!



EVERY SUMMER MATTERS IN THE LIFE OF YOUR CHILD!

OUR DAY CAMP PROGRAMS ARE CAREFULLY DESIGNED WITH AGE GROUPS AND SKILL LEVELS IN MIND. THERE TRULY IS SOMETHING FOR EVERYONE!

PRE-K (AGES 3 & 4)



Preschool Camp

Benefits/Outcomes of a Preschool Camp Experience:

- Campers learn courage as they separate from home into a supportive new environment.
- Independence is fostered through the introduction of a routine schedule.
- Wonder and excitement are cultivated, as campers are introduced to camp's natural setting.



How We Reach These Outcomes:

- Campers are introduced to traditional camp programs, such as nature hikes and water play.
- Education and discovery activities are introduced through arts & crafts and nature.
- Relationship-building happens through group games, playground time and water play.
- Devotion from nurturing, supportive staff encourages campers to explore, grow, and thrive.

Preschool Camp is an education-based program with indoor and outdoor activities, held in an age-appropriate environment (away from the main camp population).

GRADES K-3



Lower Camp

Benefits/Outcomes of a Main Camp Experience:

- Campers incorporate caring, honesty, respect, responsibility, courage and inclusion into everything they do.
- Close bonds are formed through structured activities and shared goals.
- Connection to nature is fostered as campers explore pine forests and our pristine lake.
- Perseverance and achievement happen as campers set intentions and strive toward goals.



How We Reach These Outcomes:

- Role models embody the values that we encourage in campers.
- Participation in activities builds confidence and strengthens friendships.
- 800 acres provide a backdrop for earth education and nurture an appreciation for nature.

LAKE STOCKWELL DAY CAMP OFFERINGS – AGES PRE-K TO GRADE 10

GRADES 4-6



Upper Camp

Benefits/Outcomes of an Upper Camp Experience:

- Campers develop a sense of accomplishment and self-reliance as they hone skills.
- Increased self-confidence, independence and resiliency emerge.
- Upper campers unplug from electronic devices and instead have an active, outdoor experience.
- Campers make new friends from various cultures and neighborhoods, near and far.
- Empathy, selflessness and a sense of community are nurtured.



How We Reach These Outcomes:

- Age-appropriate progression happens in various activities, including boating and fishing.
- Challenge Course activities such as climbing wall, the swamp, team-building and ropes course inspire campers to get out of their comfort zones.
- Appreciation for nature is encouraged through earth education, boating and hiking.
- Progressive skills lead to a camper's growth through goal-setting and overcoming adversity.

GRADES 7-10



Explorers Grades 7-10 CIT Grade 10

Benefits/Outcomes of an Explorers/CIT Experience:

- Explorers experience a sense of belonging and being a part of a close community.
- Creative self-expression happens, as Explorers hone in on favorite pastimes and natural talents.
- Community-service hours (CIT program) accrue; these will prove invaluable as college years approach.
- Empathy, patience, leadership traits and an appreciation for diversity develop.
- Campers mature and become role models and mentors to younger campers.



How We Reach These Outcomes:

- Explorers choose activities and participate in weekly off-site day trips.
- CIT (Counselors-in-Training – completed 9th grade) develop leadership skills through mentors and practice.
- Campers learn to make good decisions, and to become independent and resilient.
- Mastering 21st Century skills, campers are prepared for future success.

Overall: Long-term benefits of a day camp-enhanced childhood (according to the American Camp Association)

- Active, motivated, disciplined young adults, prepared for success in college and beyond
- Skilled leadership traits developed
- Lifelong friendships established

YMCA OF THE PINES

Embark on a new adventure a

Canoeing and hiking expeditions for ages 11–17.

Single Gender BOLD & GOLD Trips Ages 11 to 17

Adventure Sampler – Camping, Canoeing, Hiking, Climbing

Ages 13 to 15: June 23–28

Ages 11 to 13: July 7–12 and August 18–23

Castaways – Canoeing and Fishing

Boys Ages 12 to 14: June 23–29 and August 18–24

Girls Ages 12 to 14: June 23–29

Canoeing and Survival Skills

Boys Ages 12 to 14: July 7–13

Trailblazers – Hiking

Ages 13 to 15: July 21–27

Shenandoah National Park – Hiking and Climbing

Ages 14 to 17: August 4–10

Great Vibes: Canoeing and Yoga

Girls Ages 13 to 15: August 4–10

Labor Day Pinelands Hiking

Ages 13 to 15: August 31–September 2

All Gender BOLD & GOLD Trips Ages 14 to 17

Trail Tunes: Hiking and Making Music
June 23–29

Cruising Chefs: Canoeing and Cooking
July 21–27

Adventurous Artists: Hiking and Making Art
August 4–10

Delaware River Canoeing
August 4–10

Susquehanna River – Canoeing and Conservation
August 18–24

Price

7 Day/6 night Summer in Shenandoah

Tier A: \$1,375 Tier B: \$1,200 Tier C: \$1,065

All other 7 Day/6 night Summer trips

Tier A: \$1,200 Tier B: \$1,065 Tier C: \$950

6 Day/5 night Adventure Sampler

Tier A: \$1,095 Tier B: \$950 Tier C: \$850

3 Day/2 night Labor Day trip

Tier A: \$399 Tier B: \$329 Tier C: \$250

Financial assistance available

BOLD & GOLD Outdoor Leadership Development

Single Gender and All Gender Trips • Ages 11–17

We are part of a thriving community of YMCA BOLD & GOLD programs across the country! Together, we support young people to develop the skills to be leaders in their communities.

On BOLD & GOLD trips, we canoe, hike, climb, and camp in beautiful wilderness areas. We make friends with people from different backgrounds, exercise our leadership skills, and encourage one another to overcome obstacles. Along the journey, we develop courage, confidence, community awareness, emotional intelligence, and a sense of wonder.

All nights are spent in tents, and most of each trip happens off-site. The itineraries are designed to be challenging but suitable for those new to adventuring in the outdoors.



To register online, go to www.ycamp.org

WILDERNESS TRIPS

and grow your leadership skills!

Sessions range from 6 to 14-days long.

RANGERS

Single Gender Trips • Ages 14-16

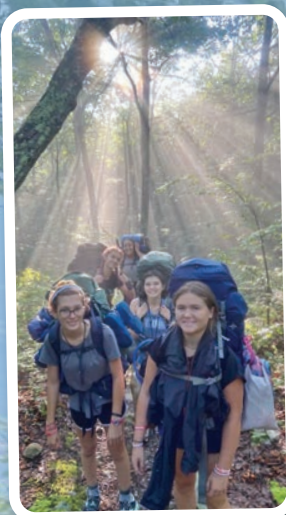
This backcountry journey challenges campers both physically and mentally as they backpack through a section of the Appalachian Trail and canoe through the beautiful Delaware River National Recreation Area. Campers are given the opportunity to build leadership skills, courage, confidence, friendship, and a deeper appreciation of the outdoors.

Rangers is a capstone of the Ockanickon and Matollionequay camp programs. The entire experience is 14 days long. Campers spend the first and last couple days of the session at camp, sleeping in rustic cabins. Nine days are spent adventuring off-site in the wilderness and sleeping in tents.

RANGERS TRIPS

July 7-20 and July 21-Aug 3

PRICE \$2,250



Our wilderness instructors hold certifications in Wilderness First Aid, CPR and lifeguarding (for boating expeditions). Instructors also receive intensive training on leadership development and backcountry living skills.







YMCA of the Pines
1303 Stokes Road
Medford, NJ 08055
800-442-CAMP or 609-654-8225
info@ycamp.org | www.ycamp.org

Non-Profit Org
US Postage
PAID
Bellmawr, NJ
Permit No. 782

Camp Ockanickon

Sleepaway Camp for Boys

Camp Matollionequay

Sleepaway Camp for Girls

Lake Stockwell

Coed Day Camp

BOLD & GOLD

Outdoor Leadership Development
Wilderness Trips



Celebrate the unique connection between parent/child at camp!

Participate in traditional camp fun together, while instilling a sense of adventure in your children.

Mother/Child Weekends:

May 12-14 and Sept 22-24

Father/Child Weekends:

April 21-23 and Sept 15-17

Pricing and registration online at www.ycamp.org

YMCA of the Pines is committed to welcoming all, to celebrating differences and to fostering a culture of diversity and inclusion in all that we do. By creating a safe, accepting, respectful atmosphere locally, we hope to inspire campers, staff members and visitors to not only thrive and grow, but to spread this perspective globally, as they leave and go off into the world beyond camp. We feel we have a unique opportunity and responsibility to work toward full inclusion of all people.

Financial assistance and scholarships available.

YMCA of the Pines is an interfaith, charitable association dedicated to helping children, teens and families explore, grow, thrive and ultimately become the best version of themselves.

The Y® For a better us.
800-442-CAMP | www.ycamp.org



YMCA of the Pines

Summer 2024