



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



**YMCA OF
THE PINES**
EXPLORE. GROW. THRIVE.

Camp Ockanickon

SLEEPAWAY CAMP FOR BOYS pg. 2-7

Camp Matollionequay

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Lake Stockwell

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**LET THEM GO,
WATCH THEM GROW!**

**OPEN HOUSE
STOCKWELL**
Sunday, April 6

OPEN HOUSE
OCKANICKON,
MATOLLIONEQUAY,
WILDERNESS TRIPS
Sunday, April 6
Sunday, May 4

SUMMER 2025



Camp Ockanickon & Camp

OUR CORE CHARACTER

At Camp Ockanickon and Camp Matollionequay, we believe that your camper is the hero of their own journey. On their journey at camp, they will develop independence, tenacity, and emotional intelligence through our skill building and our character development program.



ASCENDER POTENTIAL: Inspired by Frank DeMartini, a former Ockanickon camper, lost his life helping to save dozens of people during the September 11th, 2001 attacks. He was last seen going back up the tower to save others before it collapsed.

Ascender Potential is about acting when action is necessary.



ELDER POTENTIAL: Inspired by Chief Ockanickon, a 17th Century leader of the Lenni-Lenape and namesake of our camp. On his deathbed, he famously said, *"Be plain and fair to all as I have been."*

Elder Potential is about valuing each other and respecting all.



SPIRIT POTENTIAL: Inspired by the unique spirit and feel of summer camp, especially derived from the phrases, "Spirit of Matollionequay" and "Spirit of Ockanickon." Camp is all about joy and togetherness.

Spirit Potential is about seizing joy together.



STARGAZER POTENTIAL: Inspired by the achievements and accomplishments of the Ockanickon and Matollionequay alumni over the last 119 years. From spending summers looking up at the stars, to becoming scientists, educators, governors, and generals, our alumni have gone on to do tremendous things with their lives.

Stargazer Potential is about being courageously curious.



STORM POTENTIAL: Inspired by the 2004 storm that destroyed our dams and washed away our camp lakes for the following few summers. *The New York Times* called it a "1000-year storm." Despite the damage, our lakes came back stronger and more beautiful than ever. They are now enjoyed by hundreds of campers every summer.

Storm potential is about resilience: striving again in the face of failure.



MONK POTENTIAL: Inspired by Thích Nhất Hạnh, a Vietnamese Buddhist monk and an esteemed guest to our camp in the summer of 1962. He was nominated for the Nobel Peace Prize by Dr. Martin Luther King Jr.

Monk Potential is about aiming to understand and searching for the truth.

Remember, The Hero is You!

CAMP FOR CHARACTER

Matollionequay

FREQUENTLY ASKED QUESTIONS ABOUT SLEPAWAY CAMP

What will my child eat?

Campers are served three hot meals a day and an afternoon snack. Each meal has a variety to choose from, including alternative options such as sandwiches, salad bar, cereal, and fruit. We cater to all allergies and dietary restrictions.

YMCA of the Pines is a nut-free camp.

Where will my child sleep?

Our sleepaway campers reside in cozy cabins with similar-aged peers, under the close supervision of counselors and program coordinators. The cabins sleep 8 total, and 1-2 staff are present in the cabin with the campers. We honor one mutual bunkmate request per camper.

How does camp handle homesickness?

Homesickness is normal, and that's okay! Our staff are trained to make the transition into camp as seamless as possible. Our check-in day programming is designed to quickly engage campers with their bunkmates so friendships can form, and campers feel comfortable in their new summer home. Our on-site Social Worker is also present to support your camper if they are having difficulty transitioning into camp. In serious cases, the Social Worker, Parent Liaison or the Camp Director will notify you.

What if my child gets sick?

We have a licensed nurse on site 24-hours a day, throughout the entire session. Each camp has a fully stocked, climate-controlled infirmary to store medication, and address all campers' medical needs. In addition, many of our staff are trained and certified in CPR and AED, and all staff are trained on handling blood-borne pathogens. If your child becomes sick or injured, you will be notified immediately while your child receives the care they need.

Questions?

Reach out at info@ycamp.org or by calling our Welcome Center at 609.654.8225.

Overnight Camp Session Dates & Rates

1 Week Sessions

Session 1: Sunday, June 22 – Saturday, June 28
Session 2: Sunday, June 29 – Saturday, July 5
Session 5: Sunday, August 3 – Saturday, August 9
Session 6: Sunday, August 10 – Saturday, August 16
Session 7: Sunday, August 17 – Saturday, August 23
(co-ed camp held at Camp Matollionequay)

2 Week Sessions (Sessions 3 & 4)

Session 3: Sunday, July 6 – Saturday, July 19
"Matocky Games"
Session 4: Sunday, July 20 – Saturday, August 2
"Dusk vs. Dawn"

2025 Pricing

1 Week Pricing	2 Week Pricing
Tier A: \$1,320	Tier A: \$2,475
Tier B: \$1,170	Tier B: \$2,175
Tier C: \$1,030	Tier C: \$1,940

*The tiered pricing system is an "honor system" designed to make camp more affordable and accessible. Levels B & C are below the true cost of camp, so we ask that all parents who can afford to pay Level A please do so. All chosen levels are confidential and all children receive the same great camp experience regardless of level.

Mini-Camp Sleepaway Camp, age 6–8

\$599 (no coupons or discounts can be applied)

Session 2: Sunday, June 29 – Wednesday, July 2

Session 3: Sunday, July 6 – Wednesday, July 9

Service, Wilderness, and Outdoor Leadership Development Trips for Camp Ockanickon and Camp Matollionequay, ages 12–16

Session 1: Groundbreakers: Service Trip

Ages 13–15 Price \$1,320

Session 2: Adventure Sampler

Ages 13–16 Price \$1,320

Session 3: Rangers Wilderness Trip I

Ages 14–16 Price: \$2,475

Session 4: Rangers Wilderness Trip II

Ages 14–16 Price: \$2,475

Session 5: Castaways: Canoe/Fishing Trip

Ages 12–14 Price \$1,320

Session 6: Trailblazers Trip

Ages 13–15 Price \$1,320

Session 7: Canoe & Survival Trip (co-ed)

Ages 12–14 Price \$1,320

CIT, Counselor-In-Training Programs for Camp Ockanickon and Camp Matollionequay, age 16

\$2,595

Sessions 1, 2 & 3: Sunday, June 22 – Saturday, July 19

2025 Additional Programs for Sleepaway Camp

One-Week Horseback

\$280

Changeover Weekend

\$175

*No changeover weekend is offered between sessions 6 & 7



CAMP OCKANICKON

SLEEPAWAY CAMP FOR BOYS

At Camp Ockanickon for Boys, we believe that your camper is the hero of his own journey.

On his journey at Ockanickon he will develop independence, tenacity, and emotional intelligence through our skill building and character development program –

The Ockanickon Character Universe (OCU).

CAMP OCKANICKON SAMPLE ACTIVITY SCHEDULE

TIME	JUNIORS (9-11)	SENIORS (12-16)
7:30 AM	Wake Up and Cabin Cleanup	
8:30 AM	Flagpole	
8:40 AM	Breakfast	
9:25 AM	The Morning Show	
9:45 AM – 10:45 AM 1st Period	Cabin Activity	Progressive Club #1
10:55 AM – 11:55 AM 2nd Period	Junior Village Swim	Progressive Club #2
12:05 PM – 1:05 PM 3rd Period	Junior Daily Choice	Senior Daily Choice
1:10 PM – 1:20 PM	Emblem Redeem	
1:20 PM – 2:15 PM	Lunch	
2:15 PM – 3:15 PM	Rest Hour, Mail & Mood Meter	
3:25 PM – 4:25 PM 4th Period	Junior Daily Choice	Senior Village Swim
4:25 PM – 4:40 PM	Snack	
4:40 PM – 5:40 PM 5th Period	Cabin Activity	Senior Daily Choice
5:50 PM – 6:00 PM	Taps and Emblem Redeem	
6:00 PM – 7:00 PM	Dinner	
7:00 PM – 7:45 PM	Chill	
7:50 PM – 8:35 PM	Evening Program	
8:40 PM	Showers	
9:30 PM	Junior Talking Circle	
10:00 PM	Senior Talking Circle	
10:30 PM	CIT Circle	

*Schedule is subject to change; this is just one example of a typical Ockanickon Day

Activities Offered

ADVENTURE

High Ropes
Low Ropes
Rockwall
Static Course
Swamp
Zip Lines

AQUATICS

Canoeing
Kayaking
Paddle Boarding
Swim

ARTS

Arts and Crafts
Camp Newspaper
Drama
Music

ATHLETICS

Basketball
Disc Golf
Lacrosse
Mountain Biking
Soccer
Tag Football
Tag Rugby
Ultimate Frisbee
Volleyball
Wiffle Ball
Yoga

NATURE

Fishing
Gardening
Outdoor Cooking
Overnight Camping
Survival

TARGET SPORTS

Archery
Ax Throwing
Speed Archery
Tactical Tag



Ockanickon
Camp Video!

CAMP OCKANICKON, SLEEPAWAY CAMP FOR BOYS

AGES 6-8



Mini Camp (Introduction to Sleepaway Camp)

Benefits & Outcomes:

- **Introduction to Sleepaway Camping:** 4 day and 3 night introduction to Sleepaway Camp provides a safe and supportive first overnight camp experience.
- **Foundational Skill Development:** Builds essential skills such as independence, teamwork, and confidence in a low-pressure environment.
- **Exploration of Camp Activities:** Introduces campers to various traditional camp activities, including archery, aquatics, arts and crafts, nature, and low ropes, and more!
- **Character Development:** Fosters core values such as caring, honesty, respect, responsibility, courage and inclusion through cabin chats and a focus on community living.



How We Reach These Outcomes:

- **Nurturing Environment:** Offers a 1:3 staff-to-camper ratio and a flexible program designed specifically for young campers.
- **Structured Approach:** Provides a balance of structure and flexibility to ensure safety and comfort while allowing for exploration and growth.
- **Achievement-Oriented:** Includes goal-setting and token-based programs to motivate campers and provide a sense of accomplishment.
- **Focus on Social-Emotional Learning:** Emphasizes social-emotional development through activities like cabin chats and guided separation from home.

AGES 6-11



Junior Main Camp

Benefits & Outcomes:

- **1-Week and 2-Week sessions available!** Campers will immerse themselves in an unforgettable journey filled with adventure, learning, and personal growth.
- **The Ockanickon Character Universe & Elder Quest:** Campers are fully immersed into the OCU, blending individual achievement, teamwork, collaboration, problem solving, unique challenges, fun and adventure!
- **Skill Development Across Activities:** Campers explore and enhance skills in adventure, art, athletics, aquatics, target sports, and nature, ensuring a diverse and enriching experience.
- **On-Property Overnight:** Campers experience a unique on-property overnight. They'll learn camping basics like sleeping in tents and cooking over a campfire, fostering independence and outdoor confidence.
- **A Balanced Camp Experience:** Each day includes traditional camp activities, plus two daily choice periods, allowing campers to customize their experience and try activities that excite them most!

How We Reach These Outcomes:

- **Structured Schedules and Choice:** We provide campers with a mix of scheduled activities and two choice periods daily, allowing them to explore interests while building confidence.
- **Guided Goal Setting:** With counselor support, campers set S.M.A.R.T. goals at the start of each session, building skills in goal-setting and accomplishment.
- **Emblem Challenges:** Camp activities feature Emblems that motivate campers to try new activities and accomplish challenges.
- **Self-Advocacy through Monk Mood Meters:** Campers use our Monk Mood Meters daily to reflect on their camp experience and bring up any issues or needs.
- **SEL-Focused Programming:** Our staff incorporates Social-Emotional Learning (SEL) techniques into each activity, fostering relationships and ensuring campers feel heard and valued.

CAMP OCKANICKON, CAMP FOR CHARACTER

AGES 12–16



Senior Main Camp

Benefits & Outcomes:

- **1-Week and 2-Week sessions available!**
Campers will dive into an exciting, engaging, and personalized camp experience designed to foster growth, creativity, and outdoor skills.
- **The Ockanickon Character Universe & Elder Quest:** Campers fully immerse themselves in the OCU, gamified universe, where they develop a diverse set of skills.
- **Greater Schedule Autonomy:** Campers have the freedom to choose progressive skill clubs and daily choice periods, giving them the opportunity to tailor their camp experience to their interests.
- **Specialized Skill Clubs:** Campers can build advanced skills in areas they're passionate about, including Basketball Club, Magic the Gathering Club, Blue Feather Press (camp newspaper), and other unique clubs.
- **On-Property Overnight Adventure:** Every camper participates in an overnight stay, learning outdoor skills such as tent camping and campfire cooking, fostering independence and a love for nature.

How We Reach These Outcomes:

- **Independent Goal Setting:** Campers begin each session by independently setting S.M.A.R.T. goals, fostering self-direction and personal growth.
- **Advanced Skill Development:** Campers can choose progressive skill clubs and daily choice periods to deepen their expertise in areas of interest.
- **Emblem Challenges:** Integrated Emblems motivate campers to push their skills within various camp activities.
- **Self-Advocacy through Monk Mood Meters:** Campers can use Monk Mood Meters to reflect on and share their needs or issues daily, promoting self-awareness and problem-solving.
- **Age-Specific SEL Training:** Staff receive training in age-appropriate SEL techniques, helping build a supportive camp community and guiding campers toward positive interactions and friendships.

AGE 16



Counselor in Training

(Campers must have completed Grade 10 by summer to be eligible)

Benefits & Outcomes:

- **Leadership Development:** Gain confidence and skills to lead, communicate, and make decisions while preparing for real responsibilities as future counselors.
- **Professional Growth:** Build job readiness through teamwork, time management, childcare, and program facilitation, with resume-worthy experience and references.
- **Personal Growth:** Foster self-awareness, independence, and adaptability while developing the confidence to overcome challenges.
- **Teamwork and Collaboration:** Strengthen relationships, mentoring skills, and the ability to work with diverse groups.
- **Skill Mastery:** Learn to plan and lead activities, manage group dynamics, and develop specialized skills for camp programming.
- **Community Impact:** Make a difference through camper mentorship, contributing to the camp community, and creating a lasting positive impact.
- **Memorable Experiences:** Form lifelong friendships, grow in a supportive environment, and create meaningful memories while leaving your mark on camp.

How We Reach These Outcomes:

- **Structured Curriculum with Hands-On Experience:** Our four-week CIT program blends structured learning with real-world experience to develop confident, capable leaders.
- **Mentorship & Guidance:** CITs receive personalized mentorship from experienced staff to navigate challenges and grow as leaders.
- **Reflection & Feedback:** Regular feedback sessions and evaluations foster continuous skill development in a supportive environment.
- **Independent Goal Setting:** CITs set S.M.A.R.T. goals to guide their personal and professional growth with accountability.
- **CIT Quest:** A unique camp challenge pushes CITs to refine their skills, expand their comfort zones, and lead with confidence.
- **Culminating Project:** CITs complete a meaningful project that showcases their leadership, initiative, and problem-solving abilities.

CAMP MATOLLIONEQUAY

SLEEPAWAY CAMP FOR GIRLS

At Camp Matollionequay,
the possibilities are endless.
Matolly campers develop skills that
lead to growth, resiliency, creative
self-expression and self-confidence.
Through nature hikes, horseback riding,
swimming, canoeing, archery, challenge
courses and evening cabin chat times,
it's a place where character is built and
long-lasting friendships are formed.



**Matollionequay
Camp Video!**

CAMP MATOLLIONEQUAY SAMPLE ACTIVITY SCHEDULE

TIME	JUNIORS (9-11)	SENIORS (12-16)
7:30 AM	Wake Up and Cabin Cleanup	
8:30 AM	Flagpole	
8:40 AM	Breakfast	
9:25 AM	The Morning Show	
9:45 AM – 10:45 AM 1st Period	Cabin Activity	Progressive Club #1
10:55 AM – 11:55 AM 2nd Period	Junior Village Swim	Progressive Club #2
12:05 PM – 1:05 PM 3rd Period	Junior Daily Choice	Senior Daily Choice
1:10 PM – 1:20 PM	Emblem Redeem	
1:20 PM – 2:15 PM	Lunch	
2:15 PM – 3:15 PM	Rest Hour, Mail & Mood Meter	
3:25 PM – 4:25 PM 4th Period	Junior Daily Choice	Senior Village Swim
4:25 PM – 4:40 PM	Snack	
4:40 PM – 5:40 PM 5th Period	Cabin Activity	Senior Daily Choice
5:50 PM – 6:00 PM	Taps and Emblem Redeem	
6:00 PM – 7:00 PM	Dinner	
7:00 PM – 7:45 PM	Chill	
7:50 PM – 8:35 PM	Evening Program	
8:40 PM	Showers	
9:30 PM	Junior Candle & Lights Out	
10:00 PM	Senior Candle & Lights Out	
10:30 PM	CIT Candle & Lights Out	

*Schedule is subject to change; this is just one example of a typical Matollionequay day

ACTIVITIES OFFERED

ARTS

Arts and Crafts
Ceramics
Drama & Theater
Jewelry Making
Painting & Drawing
Music

ADVENTURE

High Ropes
Low Ropes
Rockwall
Static Course
Swamp
Zip Line

AQUATICS

Canoeing
Kayaking
Paddleboarding
Swim

ATHLETICS

Basketball
Dance
Disc Golf
Fishing
Horseback Riding
Landsports
Mountain Biking
Soccer
Tennis
Volleyball
Yoga

NATURE

Cryptid Hunting
Eco Art
Fishing
Gardening
Outdoor Cooking
Overnight Camping
Survival

TARGET SPORTS

Archery
Everdeen Archery
Tac Tag
Tomahawks



CAMP MATOLLIONEQUAY, SLEEPAWAY CAMP FOR GIRLS

AGES 6-8



Mini Camp (Introduction to Sleepaway Camp)

Benefits & Outcomes:

- **Introduction to Sleepaway Camping:** Provides a safe and supportive first overnight camp experience.
- **Foundational Skill Development:** Builds essential skills such as independence, teamwork, and confidence in a low-pressure environment.
- **Exploration of Camp Activities:** Introduces campers to various traditional camp activities, including archery, aquatics, arts and crafts, gardening, nature exploration, and low ropes and more!
- **Character Development:** Fosters core values like caring, honesty, respect, responsibility, courage and inclusion through cabin chats and a focus on community living.



How We Reach These Outcomes:

- **Nurturing Environment:** Offers a 1:3 staff-to-camper ratio and a flexible program designed specifically for young children.
- **Structured Approach:** Provides a balance of structure and flexibility to ensure safety and comfort while allowing for exploration and growth.
- **Achievement-Oriented:** Includes goal-setting and token-based programs to motivate campers and provide a sense of accomplishment.
- **Focus on Social-Emotional Learning:** Emphasizes social-emotional development through activities like cabin chats and guided separation from home.

AGES 6-11



Junior Main Camp

Benefits & Outcomes:

- **1-Week and 2-Week Sessions Available!** The Junior Main Camp experience offers campers the perfect balance of adventure, personal growth, and fun.
- **The Matollionequay Character Universe & Elder Quest:** Campers are fully immersed into the OCU, blending individual achievement, teamwork, collaboration, problem solving, unique challenges, fun and adventure!
- **Skill Development Across a Variety of Activities:** Campers explore and enhance skills in adventure, art, athletics, aquatics, target sports, and nature, offering a diverse range of experiences to spark their interests.
- **On-Property Overnight Adventure:** Campers participate in an overnight experience, where they learn outdoor basics like sleeping in tents and cooking over a campfire, fostering independence and confidence.
- **A Well-Rounded Camp Experience:** Each day blends traditional camp activities with two daily choice periods, giving campers the freedom to pursue activities they're most passionate about.

How We Reach These Outcomes:

- **Structured Schedules and Choice:** We provide campers with a mix of scheduled activities and two choice periods daily, allowing them to explore interests while building confidence.
- **Guided Goal Setting:** With counselor support, campers set S.M.A.R.T. goals at the start of each session, building skills in goal-setting and accomplishment.
- **Emblem Challenges:** Camp activities feature Emblems that motivate campers to try new activities and accomplish challenges.
- **Self-Advocacy through Monk Mood Meters:** Campers use our Monk Mood Meters daily to reflect on their camp experience and bring up any issues or needs.
- **SEL-Focused Programming:** Our staff incorporates Social-Emotional Learning (SEL) techniques into each activity, fostering relationships and ensuring campers feel heard and valued.

CAMP MATOLLIONEQUAY, CAMP FOR CHARACTER

AGES 12-16



Senior Main Camp

Benefits & Outcomes:

- **1-Week and 2-Week Sessions Available!** The Senior Main Camp Experience is designed for older campers who are ready to take on new challenges, build independence, and explore their passions. Here's what makes this program stand out:
- **Immersion in the Matollionequay Character Universe & Elder Quest:** Campers fully immerse themselves in the OCU, gamified universe, where they develop a diverse of skills.
- **Greater Schedule Autonomy:** Campers enjoy more control over their schedules, with the ability to choose progressive skill clubs and participate in daily choice periods, tailoring their experience to their interests.
- **Specialized Skill Clubs:** Campers have the opportunity to develop advanced skills through activities like Theatre Club, Ceramics Club, Green Feather Press (camp newspaper), and other unique and engaging clubs.
- **On-Property Overnight Adventure:** Every camper takes part in an overnight experience, where they develop essential outdoor skills such as tent camping and campfire cooking, building confidence and resilience.

How We Reach These Outcomes:

- **Independent Goal Setting:** Campers begin each session by independently setting S.M.A.R.T. goals, fostering self-direction and personal growth.
- **Advanced Skill Development:** Campers can choose progressive skill clubs and daily choice periods to deepen their expertise in areas of interest.
- **Emblem Challenges:** Integrated Emblems motivate campers to push their skills within various camp activities.
- **Self-Advocacy through Monk Mood Meters:** Campers can use Monk Mood Meters to reflect on and share their needs or issues daily, promoting self-awareness and problem-solving.
- **Age-Specific SEL Training:** Staff receive training in age-appropriate SEL techniques, helping build a supportive camp community and guiding campers toward positive interactions and friendships.

AGE 16



Counselor in Training

(Campers must have completed Grade 10 by summer to be eligible)

Benefits & Outcomes:

- **Leadership Development:** Gain confidence and skills to lead, communicate, and make decisions while preparing for real responsibilities as future counselors.
- **Professional Growth:** Build job readiness through teamwork, time management, childcare, and program facilitation, with resume-worthy experience and references.
- **Personal Growth:** Foster self-awareness, independence, and adaptability while developing the confidence to overcome challenges.
- **Teamwork and Collaboration:** Strengthen relationships, mentoring skills, and the ability to work with diverse groups.
- **Skill Mastery:** Learn to plan and lead activities, manage group dynamics, and develop specialized skills for camp programming.
- **Community Impact:** Make a difference through camper mentorship, contributing to the camp community, and creating a lasting positive impact.
- **Memorable Experiences:** Form lifelong friendships, grow in a supportive environment, and create meaningful memories while leaving your mark on camp.

How We Reach These Outcomes:

- **Structured Curriculum with Hands-On Experience:** Our four-week CIT program blends structured learning with real-world experience to develop confident, capable leaders.
- **Mentorship & Guidance:** CITs receive personalized mentorship from experienced staff to navigate challenges and grow as leaders.
- **Reflection & Feedback:** Regular feedback sessions and evaluations foster continuous skill development in a supportive environment.
- **Independent Goal Setting:** CITs set S.M.A.R.T. goals to guide their personal and professional growth with accountability.
- **CIT Quest:** A unique camp challenge pushes CITs to refine their skills, expand their comfort zones, and lead with confidence.
- **Culminating Project:** CITs complete a meaningful project that showcases their leadership, initiative, and problem-solving abilities.

Stockwell Day Camp Summer Sessions Dates/Rates

Dates: Monday – Friday

Session 1: June 23 – June 27
Session 2: June 30 – July 4
Session 3: July 7 – July 11
Session 4: July 14 – July 18
Session 5: July 21 – July 25
Session 6: July 28 – August 1
Session 7: August 4 – August 8
Session 8: August 11 – August 15
Session 9: August 18 – August 22
Session 10: August 25 – August 29

Preschool Camp Pricing – ages 3 to 4
AM Only (8:30 am to noon) – \$225/week
Full Day (8:30 am to 4:45 pm) – \$370/week

Main Camp Pricing – grades K to 6
1 week: \$515/week
2 to 4 weeks: \$490/week
5 to 7 weeks: \$470/week
8 to 9 weeks: \$430/week
10 weeks: \$420/week

Explorers Pricing – grades 7 –10
1 week: \$540/week
2 to 4 weeks: \$500/week
5 to 7 weeks: \$470/week
8 to 9 weeks: \$440/week
10 weeks: \$435/week

Counselor in Training (CIT) – completed 9th grade
Sessions 1 to 5: July 23 – July 25
\$2,400



All children deserve the opportunity to become the best version of themselves. Camp opens up a world of opportunity in character development, leadership, skill-building and an appreciation for the natural world.

LAKE STOCKWELL DAY CAMP

At Lake Stockwell, our campers engage in a variety of enriching, age-appropriate activities that foster growth and fun. Older campers enjoy an expanded range of activities tailored to their interests and abilities, keeping their camp experience exciting and dynamic.

Preschool Camp (ages 3–4) at Lake Stockwell!

Our youngest campers enjoy a variety of engaging activities tailored to spark their curiosity and creativity, including arts & crafts, music, science, outdoor games, and more!

Check out our Weekly Themes!

SESSION	PRESCHOOL CAMP	MAIN CAMP & EXPLORERS
1	Dinosaurs	Video Games
2	Wild Wild West	Cowboys vs. Aliens
3	Summerween	Summerween
4	Color Week	Color Showdown
5	Sports	The STK Cup
6	Preschool Spirit	Stockwell Spirit
7	Disney	Disney
8	Dragons & Unicorns	Harry Potter
9	Superhero	Superhero
10	Under the Sea	Best of All Summers



To register online, go to www.ycamp.org



Lake Stockwell
Day Camp Video!



EVERY SUMMER MATTERS IN THE LIFE OF YOUR CHILD!

OUR DAY CAMP PROGRAMS ARE CAREFULLY DESIGNED WITH AGE GROUPS AND SKILL LEVELS IN MIND. THERE TRULY IS SOMETHING FOR EVERYONE!

PRE-K (AGES 3 & 4)



Preschool Camp

Benefits/Outcomes of a Preschool Camp Experience:

- Campers learn courage as they separate from home into a supportive new environment.
- Independence is fostered through the introduction of a routine schedule.
- Wonder and excitement are cultivated, as campers are introduced to camp's natural setting.



How We Reach These Outcomes:

- Campers are introduced to traditional camp programs, such as nature hikes and water play.
- Education and discovery activities are introduced through arts & crafts and nature.
- Relationship-building happens through group games, playground time and water play.
- Devotion from nurturing, supportive staff encourages campers to explore, grow, and thrive.

Preschool Camp is an education-based program with indoor and outdoor activities, held in an age-appropriate environment (away from the main camp population).

GRADES K-3



Lower Camp

Benefits/Outcomes of a Main Camp Experience:

- Campers incorporate caring, honesty, respect, responsibility, courage and inclusion into everything they do.
- Close bonds are formed through structured activities and shared goals.
- Connection to nature is fostered as campers explore pine forests and our pristine lake.
- Perseverance and achievement happen as campers set intentions and strive toward goals.



How We Reach These Outcomes:

- Role models embody the values that we encourage in campers.
- Participation in activities builds confidence and strengthens friendships.
- 800 acres provide a backdrop for earth education and nurture an appreciation for nature.

LAKE STOCKWELL DAY CAMP OFFERINGS – AGES PRE-K TO GRADE 10

GRADES 4-6



Upper Camp

Benefits/Outcomes of an Upper Camp Experience:

- Campers develop a sense of accomplishment and self-reliance as they hone skills.
- Increased self-confidence, independence and resiliency emerge.
- Upper campers unplug from electronic devices and instead have an active, outdoor experience.
- Campers make new friends from various cultures and neighborhoods, near and far.
- Empathy, selflessness and a sense of community are nurtured.



How We Reach These Outcomes:

- Age-appropriate progression happens in various activities, including boating and fishing.
- Challenge Course activities such as climbing wall, the swamp, team-building and ropes course inspire campers to get out of their comfort zones.
- Appreciation for nature is encouraged through earth education, boating and hiking.
- Progressive skills lead to a camper's growth through goal-setting and overcoming adversity.

GRADES 7-10



Explorers Grades 7-10 CIT Grade 10

Benefits/Outcomes of an Explorers/CIT Experience:

- Explorers experience a sense of belonging and being a part of a close community.
- Creative self-expression happens, as Explorers hone in on favorite pastimes and natural talents.
- Community-service hours (CIT program) accrue; these will prove invaluable as college years approach.
- Empathy, patience, leadership traits and an appreciation for diversity develop.
- Campers mature and become role models and mentors to younger campers.



How We Reach These Outcomes:

- Explorers choose activities and participate in weekly off-site day trips.
- CIT (Counselors-in-Training – completed 9th grade) develop leadership skills through mentors and practice.
- Campers learn to make good decisions, and to become independent and resilient.
- Mastering 21st Century skills, campers are prepared for future success.

Overall: Long-term benefits of a day camp-enhanced childhood (according to the American Camp Association)

- Active, motivated, disciplined young adults, prepared for success in college and beyond
- Skilled leadership traits developed
- Lifelong friendships established

YMCA OF THE PINES

Embark on a new adventure a

Canoeing, hiking and leadership trips for ages 12–

Session 1: Groundbreakers: Service Trip **Ages: 13–15 years old**

Take advantage of this incredible opportunity to make a powerful difference in the local community. Travel to different locations in need of service every day and return to camp at night for fun activities!

Session 2: Adventure Sampler **Ages: 13–15 years old**

Experience a thrilling week of adventure trying some of camp's most challenging activities – high ropes, survival skills, kayaking, plus an off-site canoeing and hiking adventure!

Session 3: Rangers I & Session 4: Rangers II **Ages: 14–16**

Rangers is a capstone of the Ockanickon and Matollionequay camp programs, and spends the first and last days of the session at camp. This 9 day, 8 night off-site back-country journey will challenge campers both physically and mentally as they backpack through a section of the Appalachian Trail and paddle through the beautiful Delaware River National Recreation area.

Rangers builds courage, confidence, leadership skills, relationships, and a deeper appreciation of the outdoors.

Session 5: Castaways: Canoe & Fishing Trip **Ages: 12–14**

Head out on camp's fishing and canoeing odyssey! Spend 4 days and 3 nights paddling down the Susquehanna River, casting your reels, and practicing outdoor living skills.



WILDERNESS TRIPS

and grow your leadership skills!

16. Sessions range from 6 to 14 days long.

Session 6: Trailblazers

Ages: 13–15

Explore the legendary Old Loggers Path in Pennsylvania! Start your journey in an old ghost town and head out on an amazing 27-mile journey through an incredibly scenic forest. Hike between 5 and 9 miles a day for 4 days, and spend 3 nights camping on the trail.

Session 7: Canoe & Survival

Ages: 12–14

Join us for a co-ed week-long Canoeing & Survival Skills adventure on the Susquehanna River, where you'll paddle 40 miles through stunning landscapes while learning essential outdoor survival skills like fishing, fire-making, and shelter building. Participants will also master canoeing techniques such as paddle strokes and T-rescues.



Our wilderness instructors hold certifications in Wilderness First Aid, CPR and lifeguarding (for boating expeditions). Instructors also receive intensive training on leadership development and backcountry living skills.







YMCA of the Pines
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info@ycamp.org | www.ycamp.org

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Camp Ockanickon

Sleepaway Camp for Boys

Camp Matollionequay

Sleepaway Camp for Girls

Lake Stockwell

Coed Day Camp

Wilderness Trips

Outdoor Leadership Development
Rangers

Celebrate the unique connection between parent/child at camp!

Participate in traditional camp fun together, while
instilling a sense of adventure in your children.

Father/Child Weekends:

May 2-4 and Sept 12-14

Mother/Child Weekends:

May 9-11 and Sept 19-21

Pricing and registration online at www.ycamp.org

YMCA of the Pines is an interfaith, charitable association dedicated to helping children, teens and families explore, grow, thrive and ultimately become the best version of themselves.

The Y® For a better us.
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YMCA of the Pines

Summer 2025