FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY
the YMCA

YMCA of the Pines Suggested Packing List for all Outdoor Center Programs

These are the suggested packing lists for single-day and single-night overnight trips. Please adjust accordingly if you stay for multiple nights.

Single Day Trip

Clothing	Cold Weather	Personal Care	Other/Optional
• Sweatshirt • Rain jacket (dependent on weather) • Jacket or Coat (dependent on weather) • Bathing suit (if swimming is scheduled) • Change of clothes/shoes	• Jacket or Coat • Thermals • Gloves • Beanie or other winter hat	• Water bottle • Sunscreen • Bug spray	• Hat • Sunglasses

Single Night Overnight Trip

Clothing	Cold Weather	Bedding	Personal Care	Other/Optional
• 2 pairs of Sneakers • Shower shoes • 2 shirts • 2 pairs of pants/shorts • 1 set of pajamas • 1 pair of socks/underwear • Sweatshirt • Thermals (dependent on weather) • Rain jacket (dependent on weather) • Jacket or Coat (dependent on weather) • Bathing suit (if swimming is scheduled)	• Jacket or Coat • Thermals • Gloves • Beanie or other winter hat	• 1 set of twin unfitted sheets or sleeping bag • Blanket • pillow	• Water bottle • Sunscreen • Bug spray • Flashlight	• Hat • Sunglasses

What NOT to Bring

Optional	Forbidden
We strive to be as technology-free as possible! We recommend leaving the following at home: • Cell phones • Air Pods/headphones • Electronic games • Laptops/tablets • Electronic reading devices • Speakers/radios	• Illegal drugs and/or drug paraphernalia • Tobacco products and/or vaping devices • Alcohol • Knives, guns, or any weapon • Fireworks or explosives • Matches, lighters, or candles • Animals/Pets • Camper motorized vehicles