

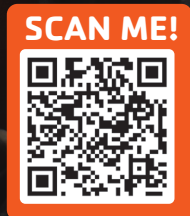


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EXPLORE • GROW • THRIVE

OUTDOOR CENTER

SCHOOL PROGRAMS,
RETREATS, FAMILY
FUN **AND MORE!**



**YMCA OF
THE PINES**
EXPLORE. GROW. THRIVE.

1303 STOKES ROAD • MEDFORD, NJ 08055
609.654.8225
www.ycamp.org



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YEAR-ROUND PROGRAMS

PROGRAM OFFERINGS

▶ WEEKEND FAMILY PROGRAMS

- Father/Child and Mother/Child Weekends
- Memorial and Labor Day Family Camp Weekends
- Women's Wellness Weekend (18+)
- Breakfast with Santa
- Breakfast with the Bunny
- ...and more!

▶ ENVIRONMENTAL PROGRAMS

- Pond Ecology
- Pinelands Ecology
- Outdoor Living Skills
- Fire Building & Shelter Building
- Nature Hikes

▶ TEAMBUILDING / CHALLENGE COURSE

- Teambuilding
- Inclusion
- Group Games
- Initiatives
- Static Course
- Low Elements
- High Elements

▶ ADVENTURE

- Climbing Tower
- Giant Swing
- Swamp Challenge
- Vertical Playpen
- Zipline

▶ RECREATION

- Boating & Canoeing
- Athletics
- Candle Making
- Eco Art
- Archery
- Tomahawk Throwing
- Fishing
- Tie-Dye

CORPORATE RETREAT PACKAGES

Level I Package: (\$57/person)

Low Ropes/Teambuilding
Full-day access to
conference room
Lunch

Level II Package: (\$70/person)

Breakfast
Low Ropes/Teambuilding
Full-day access to
conference room
Lunch

GROUP ACHIEVEMENT PROGRAM

We pride ourselves on developing character, as we believe it will be key to the success of our guests. Using the 6 core values of the YMCA of the Pines, we use our group achievement program to help guests discover their inner hero!

EVENING PROGRAMS:

- Hayrides • Astronomy/Observatory
- Campfires with songs, skits, games and s'mores!
- Cedar Run Wildlife Refuge • Night Awareness Hike



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SCHOOL & RETREAT PROGRAMS

SAMPLE SCHEDULE

▶ DAY ONE

11:00 am Arrive
11:30 am Orientation
12:00 pm Lunch
1:00 pm Challenge
Course Lows
4:00 pm Archery
5:00 pm Break
5:30 pm Dinner
7:30 pm Night Awareness
10:00 pm Lights Out

▶ DAY TWO

8:00 am Breakfast
9:00 am Half-Day Hike
12:00 pm Lunch
1:00 pm Challenge
Course Highs
4:00 pm Pond Ecology
5:00 pm Break
5:30 pm Dinner
7:30 pm Campfire
10:00 pm Lights Out

▶ DAY THREE

8:00 am Breakfast
9:00 am Swamp Challenge
10:00 am Canoeing
12:00 pm Lunch
1:00 pm Happy Trails

▶ FULL DAY PROGRAM

9:00 am Arrive
9:15 am Orientation
9:30 am Challenge
Course Lows
1:00 pm Lunch
2:00 pm Archery
3:00 pm Canoeing
4:30 pm Climbing Wall
5:30 pm Dinner
6:30 pm Happy Trails

- Suggested academic group sizes are up to 15 students per group. Teambuilding & Challenge Course Program up to 12 students per group.

- Options can include YMCA of the Pines programming or teacher-driven curriculum. Schools are encouraged to take advantage of our natural setting to include any traditional academic offerings.



- Schedules will vary depending on your group's size, arrival and departure times, activity preferences, and more.

FREQUENTLY ASKED QUESTIONS

▶ WHAT SHOULD I BRING TO CAMP?

A suggested packing list can be found at our website at www.ycamp.org under the Downloads Forms tab, Year Round Programs section. Please feel free to make adjustments based on the length of your stay. For all overnight visits, be sure to have all members of your group bring bedding material. Remember to pack for the weather and check your favorite weather website before coming to camp and plug in our zip code – 08055. Cell phone service is available throughout Camp and much of the property is also wifi accessible.

▶ FOR CHILDREN AND ADULTS WITH SPECIAL NEEDS OF ANY KIND (DIETARY, MEDICAL, OR DEVELOPMENTAL) WHAT DO I NEED TO KNOW?

We welcome all, regardless of ability or special needs. Our staff is well-equipped to accommodate most developmental, medical and dietary needs. Please call the Outdoor Center Director at 609.654.8225 to discuss.

▶ WHERE WILL WE STAY?

We offer two separate styles of lodging: cabins and lodges. Cabins are seasonal, screened buildings with no electricity. Each is located near centralized modern shower and bath facilities. Lodges are year-round with heat, air-conditioning, hot water, indoor bathrooms and electricity. Your agreement will list your assigned lodging. Check our website at www.ycamp.org for pictures, and email the Outdoor Center Director for a floorplan.

▶ AS THE GROUP LEADER, WHAT IS MY ROLE AND WHAT DO I NEED TO KNOW?

The Outdoor Center Director will help you design a unique program based on your goals and expectations for the trip. Take a look at our website for ideas. Please let us know about any activities, topics and goals you would like incorporated into the program. YMCA of the Pines instructors are capable of handling most situations. Your role is to help promote a positive learning environment and we encourage you to participate and empower all members of your group. Please see the Principles & Procedures document sent to you during booking for ratio recommendations.





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LODGING OPTIONS

RUSTIC CABINS OR LODGES

LODGES accommodate a total of 88 persons in bunk-bed style, spacious sleeping quarters. Each lodge has a central meeting room with fireplace, comfortable furniture, central heat and air-conditioning, audio-visual capabilities and is located overlooking a beautiful, serene lake or acres of pine forest.



RUSTIC CABINS are available from April to October. Modern bathroom and shower facilities are centrally located to the cabins. Cabins are located on each of our camp facilities and each camp can accommodate up to 250 guests.





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SCHOOL & RETREAT PROGRAMS

RATES

The thousands of people who join us at our Medford camp facility and support our cause are our greatest resource when it comes to providing experiences for youth development and healthy living, which promote social responsibility for all.

Our **Retreats** rates are reflective of the true value of camp. Through the generosity of our donors and supporters, YMCA of the Pines is proud to offer assistance to non-profit and school-based programs. As a result of these fundraising efforts, the effective package cost as applied is reflected in our price structure.

School Programs			
Nights	Meals	Cabin Rate	Lodge Rate
1 night	3 meals	\$92	\$104
2 nights	4 meals	\$116	\$128
Half day	1 meal	\$50	
Full Day	2 meals	\$60	

Retreats			
Nights	Meals	Cabin Rate	Lodge Rate
1 night	3 meals	\$113	\$128
2 nights	4 meals	\$143	\$158
Half day	1 meal	\$60	
Full Day	2 meals	\$73	

YMCA Adventure Guides/Groups & Scout Groups			
Nights	Meals	Cabin Rate	Lodge Rate
1 night	3 meals	\$99	\$116
2 nights	4 meals	\$130	\$143
Half day	1 meal	\$55	
Full Day	2 meals	\$66	

Packages are per person and include program, meals, one evening snack, one evening program, and lodging. Extended meal and program for overnight packages are available at \$15 per person per meal. Additional options outside of the above package rates are found below.

FOOD & PROGRAMS

\$2 per person Additional Snack • \$4 Ice-Cream Social per person
\$5 Apple Cidering per person • \$50 Firewood Drop-Off • \$75 Night Awareness Walk
\$75 Hayride • \$2 per person Campfire Program with S'mores
\$125 Additional Staff Member per day for Specialized Programming



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OUR CHARACTER CORE



At YMCA of the Pines, we pride ourselves on developing character as we believe it will be key to the success of our guests. At the core of our remarkable approach are the Six Heroic Potentials. These character strengths and performance qualities integrate the Y's core values with steps of the hero's journey and stories from our camp's history. Check them out:



ASCENDER POTENTIAL: INSPIRED BY: Frank DeMartini, former Ockanickon camper, who helped save dozens of people during the September 11, 2001 attacks. He was seen going back up in the tower to save others before it collapsed. **Ascender Potential is about acting when action is necessary.**



ELDER POTENTIAL: INSPIRED BY: Chief Ockanickon, 17th Century leader of the Lenni-Lenape and namesake of our camp. On his deathbed, he famously said, "Be plain and fair to all as I have been." **Elder Potential is about valuing each and respecting all.**



SPIRIT POTENTIAL: INSPIRED BY: The unique spirit and feel of summer camp, especially derived from the phrases, "Spirit of Matollionequay" and "Spirit of Ockanickon." Camp is all about joy and togetherness. **Spirit Potential is about seizing joy together.**



STARGAZER POTENTIAL: INSPIRED BY: The achievements and accomplishments of Ockanickon and Matollionequay alumni over the last 113 years. From spending summers looking up at the stars to becoming scientists, educators, governors and generals, they've gone on to do tremendous things with their lives. **Stargazer Potential is about being courageously curious.**



STORM POTENTIAL: INSPIRED BY: The 2004 storm that destroyed our dams and washed away our camp lakes for the next couple summers. *The New York Times* called it a "1000-year storm." **Storm Potential is about striving again in the face of failure.**



MONK POTENTIAL: INSPIRED BY: Thich Nhat Hanh, Vietnamese Buddhist monk and esteemed guest to our camp in the summer of 1962. He was nominated for the Nobel Peace Prize by Martin Luther King, Jr. **Monk Potential is about aiming to understand and searching for the truth.**

We want our guests to see the hero within themselves and within others. We want them to push their potential not to be the best *in the world*, but to be the best *for the world*.
When applied, these qualities help people become truer, better versions of themselves.



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YMCA of the Pines

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YMCA of the Pines is committed to ensuring access, inclusion and engagement for all. We actively promote a culture of equity, free from bias and injustice. We strive to achieve equal access, identify and resolve inequities and remove institutional barriers that limit the ability of all people to develop their full potential.



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To register online, go to www.ycamp.org

800-442-CAMP | www.ycamp.org