

2019 FAMILY HANDBOOK

LAKE STOCKWELL DAY CAMP



**YMCA OF
THE PINES**
EXPLORE. GROW. THRIVE.

Camp Director – Lynn Passarella | lynn@ycamp.org | 609.654.8225 x1502
YMCA of the Pines | 1303 Stokes Road • Medford, New Jersey 08055 | www.ycamp.org

GREETINGS!

Thank you so much for choosing to send your child to our camps!

Lake Stockwell’s programs and activities are all led by our “Professional Role Models” and their incredible character traits are always on display for your campers. To me, providing a safe place for your campers means creating a place where kids can be themselves, learn about others and gain new skills.

At Lake Stockwell Day Camp and Preschool Camp, your camper will have opportunities to make new friends, have new experiences, learn about cultures from all over the world and gain skills that will teach your camper about being more independent.

Besides all of the incredible activities we offer during the summer, my favorite part of camp is making new friends, building confidence, developing character and focusing on our six core values, **caring, honesty, respect, responsibility, courage and inclusion.**

The Family Handbook is a useful “how to” for attending our camps this summer. Many questions and concerns are answered throughout this book. Please contact me any time if your family has any additional questions or concerns.

Thank you and I can’t wait to see you at Camp!

Your Friend,
Lynn Passarella

YMCA OF THE PINES CONTACT INFORMATION

YMCA of the Pines
1303 Stokes Road
Medford, NJ 08055

Phone: 609.654.8225 or 1.800.422.CAMP
Website: www.ycamp.org
Email: info@ycamp.org

Summer Office Hours:
Monday - Friday: 8:30 am – 5:30 pm
Saturday: 9:00 am – 2:00 pm
Sunday: 11:00 am – 5:00 pm

CAMP DIRECTOR CONTACT INFORMATION

Day Camp Director
Lynn Passarella
lynn@ycamp.org

Non-Summer Phone
609.678.1502

Summer Phone
609.668.5352

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**DAY CAMP & PRESCHOOL
 CAMP DATES**

SESSION 1

Monday, June 24 – Friday, June 28

SESSION 2

Monday, July 1 – Friday, July 5

SESSION 3

Monday, July 8 – Friday, July 12

SESSION 4

Monday, July 15 – Friday, July 19

SESSION 5

Monday, July 22 – Friday, July 26

SESSION 6

Monday, July 29 – Friday, August 2

SESSION 7

Monday, August 5 – Friday, August 9

SESSION 8

Monday, August 12 – Friday, August 16

SESSION 9

Monday, August 19 – Friday, August 23

SESSION 10

Monday, August 26 – Friday, August 30

CAMPER REGISTRATION AND REQUIRED PAPERWORK INFORMATION

We are excited to once again offer the convenience of online registration to our camp families. Our online registration portal allows you to have access to your camper's registration information 24/7.

We have implemented the completion of all required camper forms through the parent portal. No more paper forms to complete by hand. No more faxing or mailing. Best of all, no more calling the office to make sure that the forms were received. Upon online submission of the forms, you will see "completed" next to the form name. That's it! Any changes to the information on a completed form can be made by sending an email to registration@ycamp.org. Our registrars will handle the rest!

After June 15, you will have to submit the Trading Post (Camp Store) deposit manually by completing a Trading Post card and mailing it to the camp office. We strongly suggest that you utilize the convenience of our online registration portal to make the Trading Post deposit at the time of registration or prior to June 15.

For those families preferring to submit the initial camp registration by paper, you will be sent a confirmation email once the paper registration is entered into our system. That email will provide you with the necessary instructions on creating a user account and password for our parent portal. You will now be able to access your camper's account to electronically complete the required camper forms. Credit card information is not required to create a user account.

Before your camper arrives at **Day Camp** we require the following:

- Completed registration
- Payment in full
- Online completion of Camper Medical Form
 - Date of last DTP shot
- Online Trading Post deposit (optional)
 - Does NOT apply to Preschool Camp
- Friend request, if applicable

Note: CIT and LIT programs require an additional application. Download the required application from our website at www.ycamp.org.

Before your camper arrives at **Preschool Camp** we require the following:

- Completed registration
- Payment in full
- Online completion of Camper Medical Form
 - Date of last DTP shot

CAMP FEE DEADLINE

- Any outstanding camp fees owed on June 4th, 2018 will automatically be charged to the credit/debit card on file. Any payment by check will be due that week as well. June 3rd whole week.
- Any registrations taken after May 1, 2018 must be paid in full at time of registration unless alternative arrangements have been made.
- We accept all major credit cards, cash, and money orders. After June 1, 2018 checks are accepted two weeks prior to the start date of camp.

CAMP CANCELLATION POLICY

- Deposits are non-refundable/non-transferable.
- For cancellations before May 31st: All payments made, excluding your deposit, will be refunded.
- For cancellations after May 31st: All fees paid up to the cancellation date will be lost.
- No fee reductions will be made for late arrivals or early departures.

Refunds are not provided when a camper's behavior warrants dismissal from the program or for instances when the parent voluntarily withdraws the child from camp for any reason.

CHANGE OF SESSION POLICY

- Allowed one change of session per family at no cost, until May 1, 2018, pending available space; thereafter, a \$35 fee for each change request will be applied.
- Cancellation of a camp session does not qualify as a change of session.

DAY CAMP WEEKLY THEMES

SESSION 1
June 24 – June 28

JURASSIC PARK WEEK

SESSION 2
July 1 – July 5

CIRCUS WEEK

SESSION 3
July 8 – July 12

Pokémon Week 

SESSION 4
July 15 – July 19

Harry Potter Week

SESSION 5
July 22 – July 26

Stockwell Spirit Week

SESSION 6
July 29 – August 2



DISNEY WEEK

SESSION 7
August 5 – August 9

SUPERHERO WEEK

SESSION 8
August 12 – August 16

COLOR WARS WEEK

SESSION 9
August 29 – August 23

NINJA TURTLES WEEK

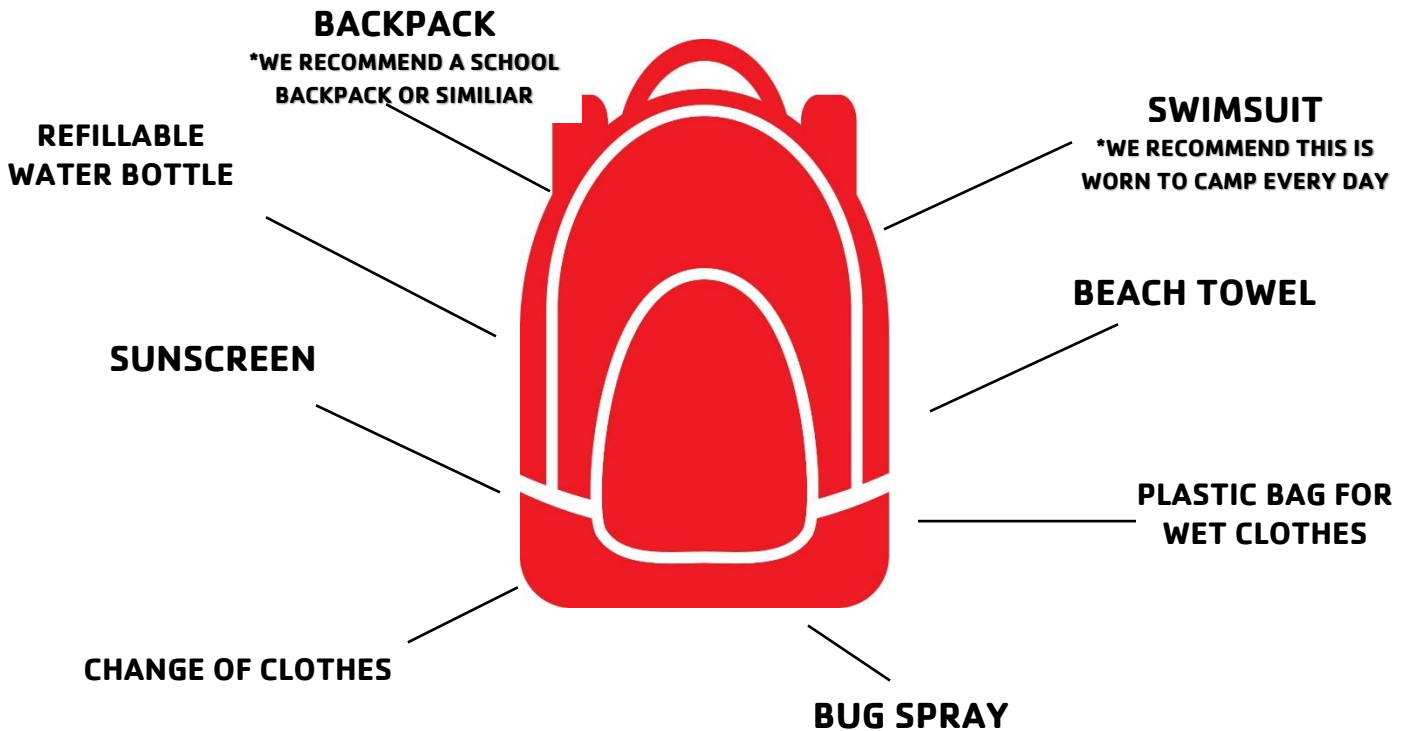
SESSION 10
August 26 – August 30

SECRETS & SPIES WEEK



WHAT TO BRING TO DAY CAMP

Please add your camper's name to everything they bring to camp.
We require closed toe shoes to be worn at all times.



WHAT NOT TO BRING TO DAY CAMP

Camp has a policy of no electronic equipment. These include but are not limited to:

- CD/iPOD/MP3 player
- Radios/TVs
- Electronic games
- Cellular phones
- Laptop/handheld computers
- Electronic reading devices

If discovered, these items will be held in a safe place until the camper leaves camp.

We strive to keep camp a safe environment. The following are forbidden:

- Illegal drugs and/or drug paraphernalia
- Tobacco products and/or vaping devices
- Alcohol
- Knives, guns, or any weapon
- Fireworks or explosive
- Matches, lighters or candles

DAY CAMP CHECK-IN AND CHECK-OUT

MORNING DROP OFF:

When dropping off your camper, you will enter our McKendimen Road entrance and determine which lane is best suited for your morning routine. **Our left lane is our fast lane.** The fast lane is for our veteran campers and families who do not have any questions, choose to stay inside their vehicle, and know where to go. Our right lanes are designated for campers and families who need directions on where to go, need to speak with a director or camp counselor, are dropping off medicine, and wish to get out of the vehicle to take pictures ☺.

On the first day of our camp session, your camper will be directed to our lifeguard team. They will inform your camper the tribe they have been assigned to, and walk with them to their tribe. The tribes meet at the same location every day for the duration of the summer.

Our drop off area closes at 9:15 am. After 9:15 am, you will need to bring your camper to our main office, located off of Stokes Road. The main office staff will radio the tribe and figure out the best place, in camp, for you to drop off your camper.

- **AM Extended Hours are available from 7:00 am – 8:30 am.** Campers must be registered prior to using this service. This service is an additional fee.

AFTERNOON PICK UP:

Pickup begins at 4:00 pm. Our campers are still participating in camp activities until 3:55 pm. If you are picking up your camper before 4:00 pm, you will need to go to our main office, located off of Stokes Road. The main office staff will radio the tribe and figure out the best place, in camp, for you to pick up your camper. We recommend sending a note in for early pickups so that we can have your camper ready when you arrive.

Our staff at the entrance location will begin calling campers at 4:00 pm. You will be greeted by a staff member and asked for a camper pickup card. The card tells us that you are authorized to pick up. If, for any reason, someone is picking up and does not have the card, we will request a photo ID from the person, and compare their name to the names listed on the camper's registration form. If the person is on the form, we will issue them a card and they are cleared to pick up. If they are not on the form, we will call you before sending your camper home with that person. We understand that this process can be frustrating, but safety is our number one priority, and we want to be sure campers are going home with an approved pickup person.

- **PM Extended Hours are available from 4:30 pm – 6:00 pm.** Campers must be registered prior to using this service. This service is an additional fee. Picking up after 6:00 pm will result in a late fee of \$10 for each 15 minute interval of additional time.

DAY CAMP LATE DROP-OFFS AND EARLY PICK-UPS

Parents/Guardians who need to drop off their camper late or pick up their camper early, must check in with the Main Office, located off Stokes Road. The receptionist at the Main Office will radio the camper's village and will direct the parent/guardian to the camper's village. This process eliminates the vehicle traffic as well as identifies visitors on camp property.

Please use the following address for GPS purposes:

320 McKendimen Road
Medford, NJ 08055

The address is the house located right next to camp. Continue driving just a bit. Our camp entrance is located on the right hand side.

DAY CAMP BUS SERVICE AND BUS STOPS

MORNING PICK UP:

Each morning you will be greeted by the bus supervisor. The bus supervisor is responsible for the communication between camp and your family. Our busses will wait an additional 5 minutes for the campers to arrive at the stop. Please be sure to wait with your camper before the bus arrives. The bus supervisor will call you before they leave the stop to make sure that your camper will not be missed. The bus supervisor may also arrange an additional stop pick up for you.

When arriving to camp, the busses will drop the campers off at the dining hall parking lot. The bus supervisor, additional staff, and campers will walk to the landsports field to begin the day with their tribe. The bus supervisor has tribe assignments for each camper and will assist in walking the campers to their tribe.

AFTERNOON DROP OFF:

At 4:05 pm, our bus campers will begin gathering in their designated areas to leave camp for the day. The bus supervisor and additional staff will walk to the bus that is parked in the dining hall parking lot.

When the bus arrives at the drop off location, you will be greeted by the bus supervisor and asked for a camper pickup card. The card tells us that you are authorized to pick up. If, for any reason, someone is picking up and does not have the card, we will request a photo ID from the person, and compare their name to the names listed on the camper's registration form. If the person is on the form, we will issue them a card and they are cleared to pick up. If they are not on the form, we will call you before sending your camper home with that person. We understand that this process can be frustrating, but safety is our number one priority, and we want to be sure campers are going home with an approved pickup person.

If no one is at the drop off location for your camper, the bus supervisor will call to determine if they have the time to wait or to arrange to drop off at another stop. It is important to communicate with the bus supervisor if you are running late.

ADDITIONAL BUS INFORMATION:

- Prior to the upcoming camp session, you will receive an email about the week's transportation procedures, including the bus supervisor's name and cell phone number for you to contact them throughout the week.
- Times are approximate and do not take into consideration traffic and construction. Please communicate with the camp director if the bus is not meeting the indicated times provided.

FRIEND REQUESTS

All campers are placed into tribes based on their grade and age. Since camp is about making new friends and friend requests are key to creating a positive camp environment, Camp Directors will place campers in tribes based on the following criteria:

- An exclusive mutual request made by two campers who are the same age and grade, known as a friend request.
- If campers are more than 12 months apart and request to be together, their requests may be honored, but the older camper will be placed with the younger camper's tribe assignment.
- Camp will make every effort to honor friend requests (up to 1), but due to the number of campers registered per session, we do not guarantee requests.
- If you are requesting that your camper not be placed with another camper, it is your responsibility to inform the other family prior to arrival at camp.

DAY CAMP ACTIVITY SCHEDULE

7:00 – 8:15 am	AM Extended Care Activities
8:15 – 8:30 am	Check - In
8:50 am	Flag Raising / Morning Announcements
9:10 am – 9:50 am	Special Events / Tribal Time / Club Choice (2 days per week – upper camp only)
10:00 – 10:55 am	Activity Period 1
11:00 – 11:30 am	Lunch 1 (grades K-3 rd)
11:00 – 11:55 am	Activity Period 2
12:00 – 12:30 pm	Lunch 2 (grades 4 th – 10 th)
11:45 – 12:30 pm	Activity Period 2
12:40 – 1:30 pm	Activity Period 3
1:40 – 2:30 pm	Choice Period
2:40 – 2:55 pm	Snack
3:00 – 3:50 pm	Activity Period 4
4:00 – 4:30 pm	Check – Out
4:30 – 6:00 pm	PM Extended Care Activities & PM Specialty Programs

ACTIVITY PERIODS

Campers are assigned tribes based on their grade and age. Each tribe travels to each activity period together every day. Campers participate in a variety of activities each day; swimming, archery, boating, arts and crafts, land sports and more! During choice period, each camper has the opportunity to choose an activity in which they wish to participate.

ACTIVITIES BY GRADE

PRESCHOOL CAMP

Pre-Kindergarten (ages 3 & 4)

Arts & Crafts
 Earth Education
 Music
 Nature
 Playground Time
 Science
 Sports Games
 Water Day (sprinklers and water tables)

UPPER CAMP

4th – 6th Grade

Tribe Names: Tankawa, Apache, Mohawk, Powhatan, Lenape, Algonquin

Archery
 Arts & Crafts
 Boating
 Ceramics (air-dry and fired clay)
 Challenge Course
 Choice Activity Period
Club Choice – new for 2019!
 Cooking
 Earth Education
 Fishing
 Indoor Gymnasium Games
 Landsports
Paddle Boarding – new for 2019!
 Swimming
 Volleyball

LOWER CAMP

Kindergarten – 3rd Grade

Tribe Names: Shawnee, Huron, Cherokee, Iroquots, Seneca, Migazee, Onelda

Archery
 Arts & Crafts
 Boating – begins at 2nd grade
 Ceramics (air-dry clay)
 Choice Activity Period – begins at 2nd grade
 Cooking
 Earth Education
 Indoor Gymnasium Games
 Landsports
 Music
 Playground Time
 Science
 Swimming

EXPLORERS PROGRAM

7th – 10th Grade

Archery
 Arts & Crafts
 Boating
 Ceramics (air-dry and fired clay)
 Challenge Course
 Choice Activity Period
Club Choice – new for 2019!
 Earth Education
 Fishing
 Indoor Gymnasium Games
 Landsports
Paddle Boarding – new for 2019!
 Swimming
 Volleyball
 Weekly Off-Site Field Trips

Explorers' campers will have the ability to choose the activity of their choice almost every activity period,

LUNCHES & SNACK

At camp, our professional Food Service staff serve up cuisine that might surprise you. Our cuisine is naturally “kid friendly” and we prepare foods in the healthiest way possible. Here’s a little hint...we don’t even have deep fryers at camp! We strive to serve healthy options to give everyone the right kind of energy, and also hearty options to give everyone enough energy for days full of all sorts of outdoor activities. At Day Camp, campers will receive lunch and a mid-afternoon snack every day.

Along with the main entrée and sides at every meal, we have a large “build your own” salad bar. The salad bar includes fresh romaine lettuce, cucumbers, tomatoes, olives, garbanzo beans, amongst a rotating cast of other toppings and salad dressing. Soy nut butter and jelly sandwiches as well as cold cuts are also available during lunch. Fresh fruit is available as well.

Chef Jason and his Food Service staff pay close attention to special diets and can accommodate just about any dietary need with enough prior notice and communication. If you are sending someone to camp with special dietary needs, please contact Chef Jason at jason@ycamp.org. With your cooperation combined with Chef Jason’s training and 19 years of experience, together we should be able to design a plan to suit your camper’s needs while here with us at camp.

Sample Weekly Menus

Monday – Pizza

Tuesday – Tacos

Wednesday – Chicken Tenders

Thursday – Hot Dogs

Friday – Pretzel Melts (ham and cheese on a pretzel bun)

Monday – Chicken Patty Sandwiches

Tuesday – Waffles & Breakfast Sausage

Wednesday – Pasta & Meatballs

Thursday – Sloppy Joe’s

Friday – Pretzel Melts

A full salad bar, accouterments, soy nut butter & jelly, cold cut bar and vegetarian options are available each day. Menu is subject to change.

Sample Mid-Afternoon Snacks

Goldfish

Cheez-its

Smartfood Popcorn

Teddy Grahams

Granola Bars

Ice Cream Sandwiches

Popsicles (assorted flavors)

Fresh fruit is always available during snack.

SWIM PROCEDURES

Every camper must participate in a swimming evaluation to swim in our lake. Our certified lifeguards will make the evaluation of swimming ability and place campers in the appropriate swim level sections. Each of our waterfronts is sectioned off into three different swimming levels; white, green, and red.

The white section is open to all campers and is the shallowest section. The green section is the middle section and requires a little more endurance. Finally, the red section is our deepest section at the waterfront, and is best for campers who can comfortably swim for extended periods of time.

The swim tests are designed to ensure that your camper is swimming in an area of the lake that is safest for them. The tests are as follows:

White Section: Walk out to the deepest point of the section and touch the rope. This ensures that campers are able to touch the bottom in the whole section.

Green Section: Two dock lengths of freestyle, one dock length of breast stroke (unmodified), and thirty seconds of treading water. This is to ensure that campers who may not be able to touch have the stamina to keep swimming in a safe manner.

Red Section: Two dock lengths freestyle, two dock lengths breast stroke (unmodified), and one minute of treading water. It is highly unusual that campers can touch in the red sections. So stamina and ability to keep swimming for long periods of time without grabbing a dock for assistance is of the utmost importance.

Our lifeguards take their jobs very seriously, and watch during tests for signs that your camper may not be in the safest section for them during the swim test.

Signs that your camper may not be ready for the section that they are testing for are as follows:

- Repeated motions of reaching for the bottom of the lake for support or a break.
- Fully submerging their head at any point of the test where it is not required
- If a camper seems overexerted or claims to feel too tired during the test.
- Inability to complete a dock length of one of the strokes.
- Reaching for a dock for assistance or support.

Campers are encouraged to test for more advanced swim levels at the beginning of each week. With hard work and practice, campers can always advance to harder sections!

TRADING POST (CAMP STORE)

- The Trading Post sells camp clothes such as sweatshirts, t-shirts, shorts, and long sleeve t-shirts; souvenir items such as lanyards, flash lights, water bottles, beach towels, small toy items and various beverages and snack items.
- Campers should not have cash in their possession while at camp. Funds may be deposited in your camper's Trading Post account through online registration or via cash, check or credit card, prior to their arrival at camp.

Day Camp: We recommend depositing \$10.00 per one-week session.

Does not apply to Preschool Camp.

Any unspent Trading Post funds will be donated to the Camper Scholarship Fund. Your camper will have an opportunity to spend down their account on their last scheduled visit to the Trading Post.

HORSEBACK RIDING

Our horseback riding program is provided by Suffolk Stables. Suffolk Stables prides itself on the quality of its instruction and horse lessons. Teaching more than riding itself, Suffolk Stables offer stable practices and barn management, along with horse care and equipment.

The horseback riding program allows campers to learn the fundamentals of riding and horse care. The program is for basic and intermediate level campers with a minimum age of 5. An additional fee is required to participate in horseback riding. All lessons work with the camper's progression in horseback riding.

- All campers who participate in the equestrian program are required to wear long pants and wear sturdy, hard-sole shoes or boots with ½ inch heel.
- All riders must wear a safety helmet while mounted. Camp provides helmets but it is permissible for your camper to bring their own, as long as it is SEI/ASTM certified.
- Day Camp equestrian campers will have lessons from 4:30 pm – 5:30 pm Monday through Friday. Credit will not be given for missed lessons. **Day campers cannot register for both horseback riding and bus transportation.**

PM SPECIALTY PROGRAMS

All campers are welcomed to enroll in our PM Specialty programs. These programs are extra time in the day where campers can participate in some of their favorite activities for some extra time. They can use this time to expand on a skill, or, just enjoy the camp activities that they love! The activities offered area as follows:

Session 3: Drama – Campers will gain experience of what it is like to be in a performance. Campers will learn acting techniques, practice rehearsing lines, as well as gain confidence in public speaking.

Session 4: Cooking – Campers will learn expanded recipes from the cooking program throughout the week. They will have access to more advanced kitchen tools and equipment, and experiment with new techniques and skills that will carry over to many different recipes that could be tried at home.

Session 5: Robotics – The robotic program introduces campers to the basic ideas of mechanics and electricity. Campers will use kits to learn how to build different devices to complete different goals and challenges.

Session 6: Fishing – This program allows campers who love fishing in our lake the chance to hone their fishing skills. Campers will have the chance to focus on how to spot a good fishing spot, learning how to attract fish, and get more time dedicated to their individual fishing practice.

Session 7: Sports – This pm specialty program will give campers the chance to take extra time to participate in the different sports that they love. Campers will get extra experience playing classics like soccer, basketball, kickball, and more!

Session 8: Outdoor Living Skills & Archery – If there is one thing that makes our camp special it is the beautiful property that we have. This pm specialty highlights that. Campers will learn outdoor skills such as shelter building, animal tracking, and orienteering. We will also focus on archery throughout the week.

PM Specialty programs are not offered during session 1, 2, 9 and 10.

DAY CAMP EXPLORERS FIELD TRIPS

Day Camp Explorers, grades 7th – 10th, will have the opportunity for fun, learning and making new friends while traveling to a local attraction once per session. Bus transportation and lunch are provided and supervision is offered by our experienced camp staff. Trips are optional. If your camper chooses to stay at camp, they will spend the day with one of the 6th grade tribes. At least one staff member attending our field trips is First-Aid and CPR certified.

DAY CAMP OVERNIGHTS

Day Camp Overnights are offered during sessions 4, 6, and 8 on Wednesdays, for camper's grades 2nd – 6th. Campers will spend the night at camp and will participate in various activities such as swimming and land sports games. Dinner and breakfast the next day are provided. Campers should bring a sleeping bag, pillow, change of clothes, bathing suit, toiletries, beach towel, non-aerosol bug repellent, flashlight and sleepwear. Overnights are offered for an additional fee, with a limited enrollment, and are first come, first served.

DAY CAMP FAMILY NIGHTS

Family Nights are a great opportunity for the whole family to come to camp and see a sampling of various programs your camper experiences each day. Family Nights are on Wednesday night during sessions 3, 5, 7 and 9. Dinner and s'mores will be served at no additional charge. The following activities will be available: swimming, boating, archery and gaga. Our Trading Post will also be open at this time. Family Nights may be cancelled due to inclement weather

MEET THE STAFF NIGHT

Join us on Wednesday, June 19 to meet our summer camp staff! This is a great opportunity to not only enjoy our delicious BBQ, but also to meet some of the camp staff that will be taking care of your camper all summer long. This evening will be filled with fun activities, yummy food and great conversations. Rain date is schedule for June 20.

EMERGENCY CONTACT

- In the event of an emergency, parents should contact the Main Office at 609.654.8225 during our business hours outlined on page 1.
- If calling outside of office hours, please use the Director's phone number listed on page 1.
- In the event of an emergency at camp, we will contact each camper's family, post messages on our website at www.ycamp.org as well as updates on our Facebook page.

COMMUNICATION AT CAMP

We know that you want to feel connected to your camper's camp experience. Below are all of the ways to keep in touch with camp during the summer season.

SESSION NEWSLETTERS – The Thursday before each registered session, a newsletter will be sent containing information about the coming week's theme and special events, special announcements, tribe activity schedules, and the lunch and snack menu. The newsletters will be sent through Constant Contact. Be sure to check your junk and spam mail for the email. **It is important to stay subscribed to the emails to be up to date all summer long.**

DAILY BLOG POSTS – Our blog posts will give you an update on the fun things that are happening at camp. Enjoy a variety of topics from our staff authors who partake in a variety of activities and sectors of our day camp. Our daily blog posts will be posted every day (starting June 24th) at 5:00 pm.

Visit www.ycamp.org/blog to read our daily posts this summer!

GOOGLE CLASSROOM – Our communication app will inform you of friendly reminders for the week and pictures of the day, just to name a few. Here are the directions to access our Google Classroom account. Note: a Google account will be needed or created to use this communication feature.

1. Download Google Classroom app
2. Login or create an account.
3. To join our "class", enter our class code: **7d2bb10**

END OF SESSION VIDEOS – Friday afternoon's our weekly slideshow is sent. The slideshow contains pictures of a variety of our campers and activities from the week. This is also sent through Constant Contact.

SOCIAL MEDIA – We are constantly posting pictures and updates!

Facebook: www.facebook.com/lakestockwell

Instagram: @lakestockwelldaycamp

PRESCHOOL CAMP WEEKLY THEMES

SESSION 1
June 24 – June 28



DINOSAUR WEEK

SESSION 2
July 1 – July 5

CIRCUS WEEK

SESSION 3
July 8 – July 12

Wacky Week

SESSION 4
July 15 – July 19

Fairytale & Fantasy Week

SESSION 5
July 22 – July 26

Preschool Spirit Week

SESSION 6
July 29 – August 2



DISNEY WEEK

SESSION 7
August 5 – August 9

SUPERHERO WEEK

SESSION 8
August 12 – August 16

COLOR WEEK

SESSION 9
August 29 – August 23

Dr. Seuss Week

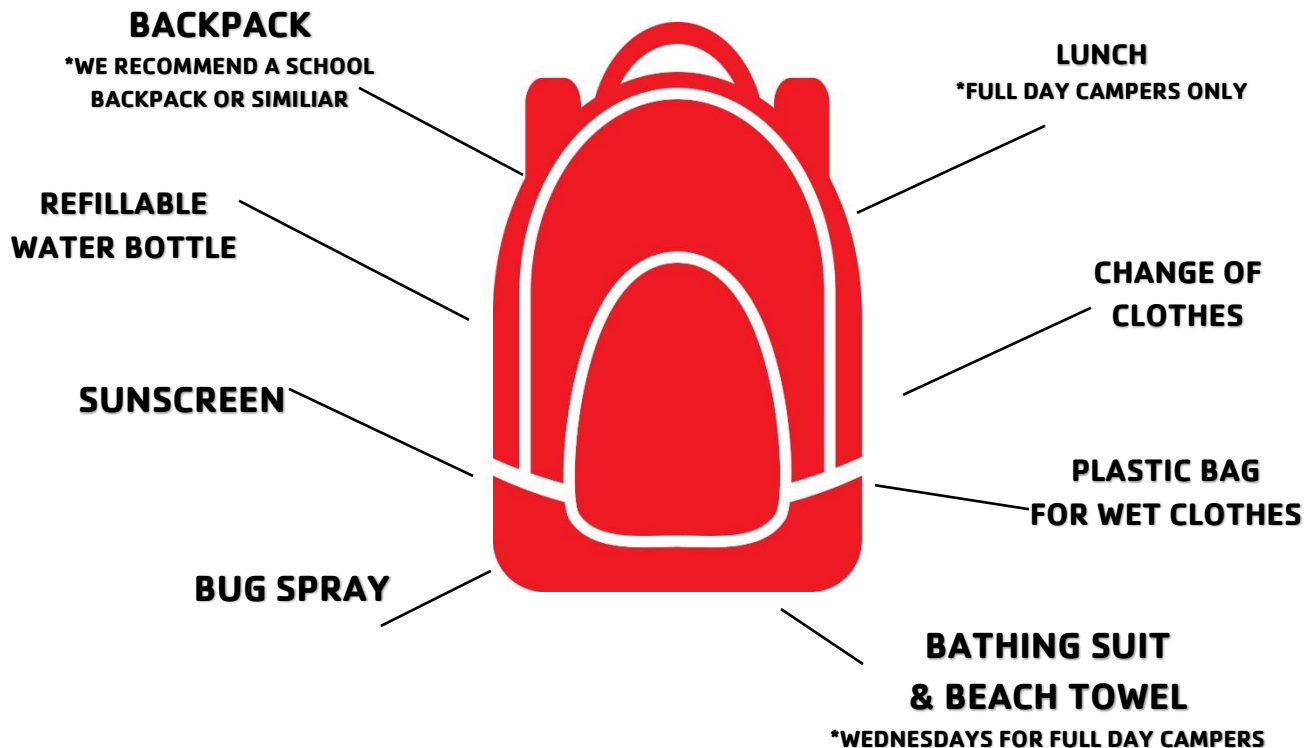
SESSION 10
August 26 – August 30

SAFARI WEEK



WHAT TO BRING TO PRESCHOOL CAMP

Please add your camper's name to everything they bring to camp.
We require closed toe shoes to be worn at all times.



Camp will provide a morning and afternoon snack. Snacks include: Go-Gurt, Pirate's Booty, Veggie Straws, string cheese, popsciles, pretzels, applesauce, fresh fruit, and more! Snacks from home are welcomed but we do ask to be mindful of peanut products.

WHAT NOT TO BRING TO PRESCHOOL CAMP

Camp has a policy of no electronic equipment. These include but are not limited to:

- CD/iPOD/MP3 player
- Radios/TVs
- Electronic games
- Cellular phones
- Laptop/handheld computers
- Electronic reading devices

If discovered, these items will be held in a safe place until the camper leaves camp.

We strive to keep camp a safe environment. The following are forbidden:

- Illegal drugs and/or drug paraphernalia
- Tobacco products and/or vaping devices
- Alcohol
- Knives, guns, or any weapon
- Fireworks or explosive
- Matches, lighters or candles

PRESCHOOL CAMP CHECK-IN AND CHECK-OUT

MORNING DROP OFF:

When dropping off your camper at Pomona Lodge, you will enter our main entrance, located off of Stokes Rad. Pomona Lodge is the second building on the right hand side after driving through the entrance. Drop off is between 8:15 am and 8:30 am.

Our drop off area closes at 9:15 am. After 9:15 am, you will need to bring your camper to our main office, the first building after entering our main entrance. The main office staff will inform the preschool staff that you are dropping off your camper.

AFTERNOON PICK UP:

Pick up begins at 4:00 pm. Our campers are still participating in camp activities until 3:55 pm. If you are picking up your camper before 4:00 pm, you will need to go to our main office, located off of Stokes Road. We recommend sending a note in for early pickups so that we can have your camper ready when you arrive.

You will be greeted by a staff member and asked for a camper pickup card. The card tells us that you are authorized to pick up. If, for any reason, someone is picking up and does not have the card, we will request a photo ID from the person, and compare their name to the names listed on the camper's registration form. If the person is on the form, we will issue them a card and they are cleared to pick up. If they are not on the form, we will call you before sending your camper home with that person. We understand that this process can be frustrating, but safety is our number one priority, and we want to be sure campers are going home with an approved pickup person.

PRESCHOOL CAMP LATE DROP-OFFS AND EARLY PICK-UPS

Parents/Guardians who need to drop off their camper late or pick up their camper early, must check in with the Main Office, located off Stokes Road. This process eliminates the vehicle traffic as well as identifies visitors on camp property.

Please be sure to have photo identification or parent pick-up card readily available when picking up your camper.

PRESCHOOL CAMP ACTIVITY SCHEDULE

7:00 – 8:30 AM	AM Extended Care Activities
8:30 am	Campers Arrive / Attendance
8:50 am	Circle time and Morning Meeting
9:15 – 10:15 am	Weekly Theme Activity
10:20 am	Mid-morning Snack
10:50 – 11:45 am	Arts and Crafts
12:00 pm	Morning Preschool Campers Check - Out
12:00 pm	Lunch
12:45 – 1:30 pm	Quiet Time
1:45 – 2:15 pm	Activity Period 3
2:30 pm	Snack
2:50 – 3:45 pm	Special Events / Water Day / Playground Time
4:00 – 4:30 pm	Check – Out
4:30 – 6:00 pm	PM Extended Care Activities

PRESCHOOL ACTIVITY PERIODS

Preschool campers will be divided into 2-3 different groups each week. During each week, each group will participate in three rotated activity periods. Activities include, arts and crafts, science, earth education, and more!

PRESCHOOL LUNCHESES & SNACK

Preschool campers should bring a lunch, beverage and refillable water bottle to camp daily. We recommend packing a healthy, low sugar and balanced meal. Lunches can be refrigerated. However, we ask that lunches do not need to be cooked or prepared. A microwave is available to quickly reheat food items requiring no more than 45 seconds of heating time. Please be sure to label all lunch boxes and all containers inside.

Camp will provide full-day preschool campers with two snacks per day; mid-morning and afternoon. Fresh fruit will be available at both snack times. AM-only preschool campers will receive one snack daily in the mid-morning.

QUIET TIME

Sometimes our littlest campers need a time to take a break and recharge for their busy afternoon. This is why Quiet time was designed. Campers will take time to rest on bunk beds, so it is important to bring a fitted sheet, a blanket or sleeping bag, and a pillow. But for those campers who are not big fans of nap time or who have outgrown it, story time or the option to look at books is always available. Quiet time is intended to let the group recharge, so anyway that your camper decides to do it is more that welcomed. Any campers that will be attending for multiple weeks will have to take home any bedding to have it washed.

EMERGENCY CONTACT

- In the event of an emergency, parents should contact the Main Office at 609.654.8225 during our business hours outlined on page 1.
- If calling outside of office hours, please use the Director's phone number listed on page 1.
- In the event of an emergency at camp, we will contact each camper's family, post messages on our website at www.ycamp.org as well as updates on our Facebook page.
- Each camp uses a text alert system, Remind. Remind is a free, safe, and simple messaging tool that helps us share important information and reminders with parents. Visit our website under the Forms and Documents section for more information to subscribe to your camper's registered session alerts.

COMMUNICATION AT PRESCHOOL CAMP

At camp, one of our priorities is to facilitate communication with you. We want to ensure that you have avenues of communication with your camper and feel as comfortable as possible with the camp experience. We are committed to doing everything that technology allows us to do to make that happen.

SESSION NEWSLETTERS – The Thursday before each registered session, a newsletter will be sent containing information about the coming week's theme and special events, special announcements, tribe activity schedules, and the lunch and snack menu. The newsletters will be sent through Constant Contact. Be sure to check your junk and spam mail for the email. **It is important to stay subscribed to the emails to be up to date all summer long.**

DAILY BLOG POSTS – Our blog posts will give you an update on the fun things that are happening at camp. Enjoy a variety of topics from our staff authors who partake in a variety of activities and sectors of our day camp. Our daily blog posts will be posted every day (starting June 24th) at 5:00 pm. Visit www.ycamp.org/blog to read our daily posts this summer!

TADPOLES APP – Our communication app will inform you of friendly reminders for the week and pictures of the day, just to name a few. Our staff will be creating a daily report for each camper. All photos, videos, and daily reports are emailed to you directly and you can also access them via the free Tadpoles Parent app, or online at www.tadpoles.com. In late May, we will send an email for directions on how to access your camper's account. Stay tuned! ☺

END OF SESSION VIDEOS – Friday afternoon's our weekly slideshow is sent. The slideshow contains pictures of a variety of our campers and activities from the week. This is also sent through Constant Contact.

SOCIAL MEDIA – We are constantly posting pictures and updates!
Facebook: www.facebook.com/lakestockwell
Instagram: @lakestockwelldaycamp

HEALTHCARE AT CAMP

We have a skilled medical staff of registered nurses with experience in pediatrics, emergencies, critical care and pre-hospital emergencies.

Each camp has an on-staff health care provider and a fully stocked, climate controlled infirmary to address all campers' medical needs. In addition, many of our staff are trained and certified in CPR with training for the use of an AED, blood borne pathogens, child abuse, basic first aid, certified first responder, wilderness first aid and lifeguarding.

In Case of Illness or Injury at Camp

Our goal is for your camper to have an outstanding camp experience, by helping him or her feel better and return to activities as soon as possible. In the event your child becomes ill or injured, our team of experienced health care staff will evaluate and treat your child within the parameters set forth by you and in conjunction with our standing orders. In the event that your camper's condition falls outside of general supportive care, additional medical support may be sought from a local physician, dentist, orthodontist or Emergency Medical Services. Parents will be notified of all conditions requiring convalescence or observation in the infirmary for longer than 8 hours, emergency care that exceeds basic first aid, visits to the hospital or urgent care, or in cases where the health care staff require additional information that is not provided on the online Camper Medical Form.

Payments for the services of an outside provider are the responsibility of the parent. In the event any treatment recommended by the hospital Emergency Department is refused, the camper must return to the care of their parents as soon as possible.

Our health care staff will contact you if any of the following occur to your camper while at camp:

- Remains in the Infirmary for more than 8 hours.
- Has multiple visits to the Infirmary for the same issue.
- Needs to be evaluated by a physician for non-emergencies.
- Is going to be sent to a hospital or clinical care for evaluations – campers will always be escorted by a camp staff member when being transported via ambulance.
- Obtains an injury to the head, back, spine, eye, or a cut that may leave a scar.
- Receives a bee/wasp sting.
- Has a temperature greater than 101°F.

Care for Ill or Injured Campers

Our health care staff is prepared to care for most childhood illnesses. Campers who are convalescing in the infirmary are monitored by our health care staff and camp counselors. The health care staff may request your camper convalesce at home for illnesses or injuries that would disrupt the camper's abilities to participate in activities for more than 24 hours or if the camper is contagious and at risk of infecting other campers. For instances of home convalescence, your camper will be able to rejoin camp only after an evaluation from the camper's physician and a clean bill of health.

With respect to illnesses/fever, we require that all campers be free of fever or symptoms for 24 hours before returning to camp. Symptoms include severe pain or discomfort, a fever, vomiting or diarrhea, or open sores/rash. Campers that have exhibited these symptoms may return to camp after being symptom free for 24 hours, or with a note from a medical provider that the camper poses no serious health risk to him/herself or other campers. However, if visible symptoms remain and the camper has a note, we still reserve the right to send your camper home.

At camp, we strive to protect the safety and health of all of our campers, and to stop the spread of germs and illness during the summer camp season. With respect to a head injury, severe illness, or other injury, we reserve the right to request that a note be provided from your camper's medical provider clearing the camper to return to camp as deemed necessary by our camp medical staff.

Prescription & Over the Counter (OTC) Medication

Our health care staff is able to administer all prescription and over the counter medicine, supplements, vitamins, and topical ointments. For the safety of your camper, we require the following steps to be taken:

- All medications sent to camp must be in the original prescription container or packaging. Outdated medications, pill organizers, or loose medication in containers will not be administered to your camper.
- All medication will be dispensed as instructed on the original container, and by the parents/guardians instructions on the camper's online Camper Medical Form.
- All medications must be checked in at the Infirmary on the first day of camp by the parent/guardian. Please be sure to list any and all medications on your camper's online Camper Medical Form.
- Campers are not allowed to self-administer medication, supplements, vitamins or topical ointments.

LOST AND FOUND POLICY

Any items that are in the lost and found for two camp session will be donated to charity. At the completion of each camp day, the property is searched by our program directors and lost and found items are collected. They are brought to the lost and found. If your camper loses an item, be sure to contact the camp director, as they will have someone look for your item or schedule a time for you to come and look.

BEHAVIOR MANAGEMENT POLICY

All camp activities are designed to reinforce the Y's four core values of **caring, honesty, respect, and responsibility**. In order for all campers to have the best possible experience, all campers need to be aware of the rules and agree to follow them. If a camper consistently or excessively breaks the rules and chooses not to take part in camp, they can negatively affect other campers by jeopardizing their physical or emotional safety. When this happens, all other campers in the village fail to receive the best possible camp experience. In the event that a camper chooses to not participate in camp we will encourage them to do so by following the rules and values of camp.

Behavior Guidelines:

- Campers are responsible for their words and actions.
- We respect each other and the environment.
- Honesty will be the basis for all relationships and interactions
- We will care for ourselves and those around us.
- Campers are to follow directions from staff members.
- We keep our hands, feet and other body parts to ourselves.
- Campers must travel with their group.

Any disciplinary measures used will relate to the camper's specific actions and will be handled in a timely manner. No physical punishment, humiliation, scare tactics or controlling measures shall be allowed. Methods associated with food deprivation or extended isolation are not permissible. It may be necessary to separate the camper until he/she is able to regain control of his/her emotions/behaviors, and join the village.

The following behaviors are not acceptable and may result in the immediate suspension of a camper for the remainder of the current day and the next day for day camp.

- Endangering the health and safety of oneself or others.
- Stealing or damaging camp or personal property.
- Continual disruption of the program.
- Refusal to follow the behavior guidelines.
- Using profanity or engaging in inappropriate conversations.
- Bullying behavior or any acts of violence.

Camp staff will always work toward developing a cooperative plan of action to maximize a camper's chance of success. YMCA of the Pines strives to be inclusive of all.

YMCA of the Pines, in its sole discretion, reserves the exclusive right to refuse any registration and/or dismiss any camper for any reason.

BEHAVIOR MANAGEMENT POLICY CONTINUED...

If redirection and mediation cannot work, the following steps may be taken:

First Phone Call to Parent/Guardian

Official warning of camper's behavior and plan of action for camper – warning of possible dismissal if camper continues to exhibit disruptive behavior

Second Phone Call to Parent/Guardian

Final warning and/or dismissal from Camp program

Third Phone Call to Parent/Guardian, if applicable

Dismissal from Camp program

YMCA of the Pines and staff reserve the right to immediately send home a camper from its programs. Chronic and/or extreme behavior may warrant dismissal and is at the discretion of the Camp Director.

Campers dismissed from camp for any reason may not be eligible to return to camp programs in the future. Camp fees are non-refundable and will not be pro-rated if a camper is sent home for any reason at the discretion of the camp.

IMPORTANT CONTACT INFORMATION

We have been in the business of serving children and families for more than 100 years and bring that experience and joy to our work every day.

We know that the camp experience can be magic, but it is completely natural to feel a bit nervous about sending your child to camp, whether for the first time or the tenth. We have an immense amount of resources we can share with you and we are able to give you referrals from other families who have found that our camp experiences have positively impacted their children. Please just ask how we can serve you.

Day Camp Director:	Lynn Passarella	609.678.1502	lynn@ycamp.org
Food Service Director:	Jason Ostroski	609.678.1530	jason@ycamp.org
Registration:	Lynne Gally	609.678.1503	registration@ycamp.org