



LAKE STOCKWELL DAY CAMP
BE BOLD • BE BRAVE • BE YOU

2018

FAMILY

HANDBOOK

YMCA CAMP OCKANICKON, INC.
LAKE STOCKWELL DAY CAMP
& PRESCHOOL CAMP
1303 Stokes Road
Medford, NJ 08055
609.654.8225 or 1.800.422.CAMP
www.ycamp.org

GREETINGS!

Thank you so much for choosing to send your child to our camps!

Lake Stockwell’s programs and activities are all led by our “Professional Role Models” and their incredible character traits are always on display for your campers. To me, providing a safe place for your campers means creating a place where kids can be themselves, learn about others and gain new skills.

At Lake Stockwell Day Camp and Preschool Camp, your camper will have opportunities to make new friends, have new experiences, learn about cultures from all over the world and gain skills that will teach your camper about being more independent.

Besides all of the incredible activities we offer during the summer, my favorite part of camp is making new friends, building confidence, developing character and focusing on our four core values, **caring, honesty, respect, and responsibility.**

The Family Handbook is a useful “how to” for attending our camps this summer. Many questions and concerns are answered throughout this book. Please contact me any time if your family has any additional questions or concerns.

Thank you and I can’t wait to see you at Camp!

Your Friend,
Lynn Passarella

CONTACT INFORMATION FOR OUR CAMP & CAMP LEADERSHIP

YMCA Camp Ockanickon, Inc.
1303 Stokes Road
Medford, NJ 08055

Phone: 609.654.8225 or 1.800.422.CAMP
Website: www.ycamp.org
Email: info@ycamp.org

Summer Office Hours:

Monday - Friday: 8:30 am – 5:30 pm
Saturday: 9:00 am – 2:00 pm
Sunday: 11:00 am – 5:00 pm

CAMP LEADERSHIP

Lynn Passarella
Day Camp Director
lynn@ycamp.org

Non-Summer Phone
609.678.1502

Summer Phone
609.668.5352

Cate Wobbe
Assistant Day Camp Director
cate@ycamp.org

Non-Summer Phone
609.678.1512

Summer Phone
609.668.5352

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DAY CAMP & PRESCHOOL CAMP DATES

SESSION 1

Monday, June 25 – Friday, June 29

SESSION 2

Monday, July 2 – Friday, July 6

SESSION 3

Monday, July 9 – Friday, July 13

SESSION 4

Monday, July 16 – Friday, July 20

SESSION 5

Monday, July 23 – Friday, July 27

SESSION 6

Monday, July 30 – Friday, August 3

SESSION 7

Monday, August 6 – Friday, August 10

SESSION 8

Monday, August 13 – Friday, August 17

SESSION 9

Monday, August 20 – Friday, August 24

SESSION 10

Monday, August 27 – Friday, August 31

CAMPER REGISTRATION AND REQUIRED PAPERWORK INFORMATION

We are excited to once again offer the convenience of online registration to our camp families. Our online registration portal allows you to have access to your camper's registration information 24/7.

We have implemented the completion of all required camper forms through the parent portal. No more paper forms to complete by hand. No more faxing or mailing. Best of all, no more calling the office to make sure that the forms were received. Upon online submission of the forms, you will see "completed" next to the form name. That's it! Any changes to the information on a completed form can be made by sending an email to registration@ycamp.org. Our registrars will handle the rest!

After June 15, you will have to submit the Trading Post (Camp Store) deposit manually by completing a Trading Post card and mailing it to the camp office. We strongly suggest that you utilize the convenience of our online registration portal to make the Trading Post deposit at the time of registration or prior to June 15.

For those families preferring to submit the initial camp registration by paper, you will be sent a confirmation email once the paper registration is entered into our system. That email will provide you with the necessary instructions on creating a user account and password for our parent portal. You will now be able to access your camper's account to electronically complete the required camper forms. Credit card information is not required to create a user account.

Before your camper arrives at **Day Camp** we require the following:

- Completed registration
- Payment in full
- Online completion of Camper Medical Form
 - Date of last DTP shot
- Online Trading Post deposit (optional)
 - Does NOT apply to Preschool Camp
- Friend request, if applicable

Note: CIT and LIT programs require an additional application. Download the required application from our website at www.ycamp.org.

Before your camper arrives at **Preschool Camp** we require the following:

- Completed registration
- Payment in full
- Online completion of Camper Medical Form
 - Date of last DTP shot

CAMP FEE DEADLINE

- Any outstanding camp fees owed on June 4th, 2018 will automatically be charged to the credit/debit card on file. Any payment by check will be due that week as well.
- Any registrations taken after May 1, 2018 must be paid in full at time of registration unless alternative arrangements have been made.
- We accept all major credit cards, cash, and money orders. After June 1, 2018 checks are accepted two weeks prior to the start date of camp.

CAMP CANCELLATION POLICY

- Deposits are non-refundable/non-transferable.
- For cancellations before June 1st: All payments made, excluding your deposit, will be refunded.
- For cancellations after June 1st: All fees paid up to the cancellation date will be lost.
- For cancellations after June 1st due to your child's health issue: If you can provide documentation from your pediatrician, you will be refunded all, minus your deposit.
- No fee reductions will be made for late arrivals or early departures.

Refunds are not provided when a camper's behavior warrants dismissal from the program or for instances when the parent voluntarily withdraws the child from camp for any reason.

CHANGE OF SESSION POLICY

- Allowed one change of session per family at no cost, until May 1, 2018, pending available space; thereafter, a \$35 fee for each change request will be applied.
- Cancellation of a camp session does not qualify as a change of session.

WEEKLY THEMES FOR DAY CAMP

SESSION 1

June 25 – June 29

SESSION 2

July 2 – July 6

SESSION 3

July 9 – July 13

SESSION 4

July 16 – July 20

SESSION 5

July 23 – July 27

SESSION 6

July 30 – August 3

SESSION 7

August 6 – August 10

SESSION 8

August 13 – August 17

SESSION 9

August 20 – August 24

SESSION 10

August 27 – August 31

EMOJI WEEK

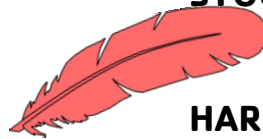


BLAST FROM THE PAST WEEK

SUPERHERO & VILLAIN WEEK

DISNEY WEEK

STOCKWELL SPIRIT WEEK



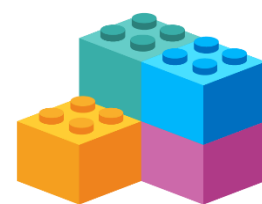
HARRY POTTER WEEK

STAR WARS WEEK

COLOR WARS

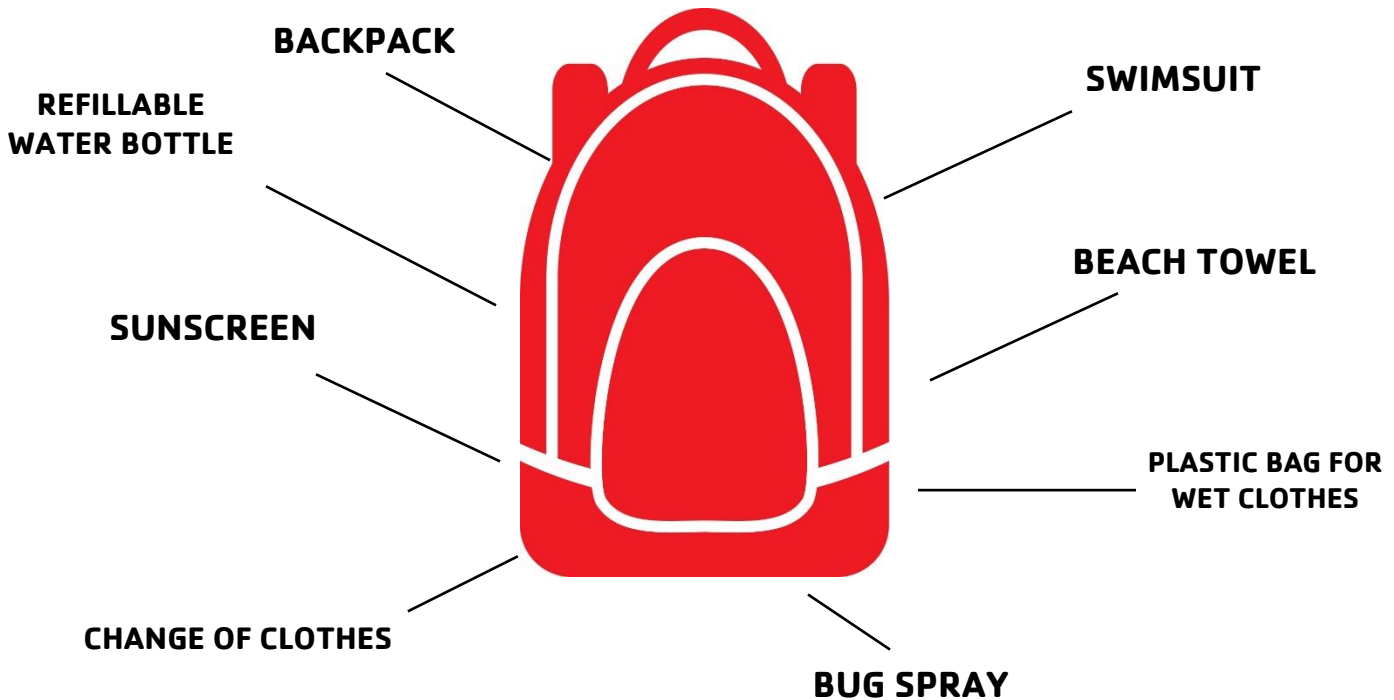
SECRETS & SPIES WEEK

LEGO WEEK



WHAT TO BRING TO DAY CAMP

Please add your camper's name to everything they bring to camp.
We require closed toe shoes to be worn at all times.



WHAT NOT TO BRING TO DAY CAMP

Camp has a policy of no electronic equipment. These include but are not limited to:

- CD/iPOD/MP3 player
- Radios/TVs
- Electronic games
- Cellular phones
- Laptop/handheld computers
- Electronic reading devices

If discovered, these items will be held in a safe place until the camper leaves camp.

We strive to keep camp a safe environment. The following are forbidden:

- Illegal drugs and/or drug paraphernalia
- Tobacco products and/or vaping devices
- Alcohol
- Knives, guns, or any weapon
- Fireworks or explosive
- Matches, lighters or candles

DAY CAMP CHECK-IN AND CHECK-OUT

Check-In

- Day Camp's check-in begins at **8:30 am** at the Lake Stockwell Land Sports Field, located at the entrance on McKendimen Road.

Please use the following address for GPS purposes:

320 McKendimen Road
Medford, NJ 08055

Please note: The above address given is the house located right next to camp. Continue driving just a bit. Our camp entrance is located on the right hand side.

- During Monday morning check-in, you will receive parent pickup cards. This card lets our staff know that you are an authorized pickup person. Please distribute these cards to all of your emergency contacts listed on your registration. If you or someone else picking up your camper does not have a pickup card, we will ask for identification for safety purposes.
- During check-in, campers will be walked to their assigned village by our staff. Campers will meet at this location every morning.
- **AM Extended Hours are available from 7:00 am – 8:30 am.** Campers must be registered prior to using this service. This service is an additional fee.

Check-Out

- Day Camp's check-out time is between **4:00 pm – 4:30 pm** daily at the Lake Stockwell Land Sports Field, located at the entrance on McKendimen Road.
- Each Friday, be sure to pick up any medications from the health care providers and check lost and found.
- **PM Extended Hours are available from 4:30 pm – 6:00 pm.** Campers must be registered prior to using this service. This service is an additional fee. Picking up after 6:00 pm will result in a late fee of \$10 for each 15 minute interval of additional time.

DAY CAMP LATE DROP-OFFS AND EARLY PICK-UPS

Parents/Guardians who need to drop off their camper late or pick up their camper early, must check in with the Main Office, located off Stokes Road. The receptionist at the Main Office will radio the camper's village and will direct the parent/guardian to the camper's village. This process eliminates the vehicle traffic as well as identifies visitors on camp property.

Please be sure to have photo identification or parent pick-up card readily available while picking up your camper.

DAY CAMP BUS SERVICE AND BUS STOPS

Round trip bus service is available each session at an additional fee, per camper.

- Each Monday morning you will receive parent pick up cards. This card lets our staff know that you are authorized to pick up. Please distribute these cards to all of your emergency contacts listed on your registration. If you or someone else picking up your camper does not have a pickup card, we will ask for identification for safety purposes.
 - Please note: the bus pick up cards are the same as the cards used from pick up at camp. If you ever need to pick up your child from camp, make sure you bring your card!
- If a parent/guardian is not at the bus stop location to pick up a camper, the camper will remain on the bus and be taken to the last stop. It is then the parent’s responsibility to meet the bus at the last stop to pick up their camper. Please keep a copy of the bus schedule with you.
- Buses will arrive at camp around 8:45 am and will depart from camp by 4:15 pm daily.
- Buses will wait approximately 5 minutes for campers to arrive. If a bus is missed you will be able to drop off your camper at the next stop.
- Times are approximate and do not take into consideration traffic or construction.
- Please confirm any changes to a camper’s bus schedule with the bus counselor. Changes include stop locations, pick up and/or drop off at camp, etc.

BUS 1			
Stop Location	Stop #	AM Arrival	PM Arrival
Big Lots 949 Church Rd, Cherry Hill	1-1	7:15 AM	5:45 PM
Wegmans 2100 Rt. 70, Cherry Hill	1-2	7:30 AM	5:30 PM
First Church-Christ Scientist 355 Kings Hwy E, Haddonfield	1-3	7:45 AM	5:15 PM
Johnson Elementary School 500 Kresson Rd, Cherry Hill	1-4	7:55 AM	5:05 PM
Rice Elementary School 50 Five Crown Royal, Marlton	1-5	8:10 AM	4:45 PM
*Cranberry Pines Elementary School 400 Fairview Rd, Medford	1-6	8:20 AM	4:35 PM

BUS 2			
Stop Location	Stop #	AM Arrival	PM Arrival
Collingswood High School 424 W Collings Ave, Collingswood	2-1	7:15 AM	5:45 PM
Haddon Heights Jr/Sr High School 301 2nd Ave, Haddon Heights	2-2	7:35 AM	5:25 PM
ShopRite Plaza 1491 Brace Rd, Cherry Hill	2-3	7:50 AM	5:10 PM
Cherry Hill East High School 1750 Kresson Rd, Cherry Hill	2-4	8:05 AM	4:45 PM

BUS 3			
Stop Location	Stop #	AM Arrival	PM Arrival
Lumberton Plaza 1636 Rt.38, Mt. Holly	3-1	7:15 AM	5:35 PM
Fleetwood Elementary School 231 Fleetwood Ave, Mt Laurel	3-2	7:30 AM	5:20 PM
Larchmont Elementary School 301 Larchmont Blvd, Mt Laurel	3-3	7:45 AM	5:05 PM
Hartford Upper Elementary School 397 Hartford Rd, Mt Laurel	3-4	7:55 AM	4:50 PM
Lenape High School 235 Hartford Rd, Medford (Hartford Rd side, across from Johnson's Farm)	3-5	8:05 AM	4:40 PM

BUS 4			
Stop Location	Stop #	AM Arrival	PM Arrival
Cherry Hill West High School 2101 Chapel Ave, Cherry Hill	4-1	7:15 AM	5:40 PM
Kingston Elementary School 320 Kingston Rd, Cherry Hill	4-2	7:30 AM	5:25 PM
Moorestown Mall 400 Rt. 38, Moorestown (Between Boscov's & Goodyear)	4-3	7:45 AM	5:05 PM

BUS 5			
Stop Location	Stop #	AM Arrival	PM Arrival
Goodwill 222 S White Horse Pike, Stratford	5-1	7:20 AM	5:25 PM
Voorhees Middle School 1000 Holly Oak Dr, Voorhees	5-2	7:40 AM	5:10 PM
Beck Middle School 950 Cropwell Rd, Cherry Hill	5-3	7:55 AM	4:55 PM
Rastelli's Market Fresh 710 Rt. 73, Marlton	5-4	8:10 AM	4:45 PM

BUS 6			
Stop Location	Stop #	AM Arrival	PM Arrival
Target 4 Centerton Rd, Mt Laurel	6-1	7:15 AM	5:35 PM
Parkway Elementary School 142 Ramblewood Pkwy, Mt Laurel	6-2	7:35 AM	5:15 PM
Crispin Square 230 N. Maple Ave, Marlton (Behind Beneficial Bank)	6-3	7:50 AM	5:00 PM
AMC Marlton 8 800 N Rt. 73, Marlton	6-4	8:00 AM	4:50 PM
*Haines 6th Grade Center 162 Stokes Rd, Medford	6-5	8:20 AM	4:30 PM

WEEKLY BUS FEE (PER CAMPER):	
Round Trip: \$75	*Local Round Trip: \$35
One-Way (AM or PM): \$40	*Local One-Way (AM or PM): \$20

FRIEND REQUESTS

All campers are placed into villages based on their age and grade. Since camp is about making new friends and friend requests are key to creating a positive camp environment, Camp Directors will place campers in villages based on the following criteria:

- An exclusive **mutual request** made by two campers who are the same age and grade, known as a friend request.
- If campers are more than 12 months apart and request to be together, their requests may be honored, but the older camper will be placed with the younger camper's village assignment.
- Camp will make every effort to honor friend requests (up to 1), but due to the number of campers registered per session, we do not guarantee requests.
- If you are requesting that your camper not be placed with another camper, it is your responsibility to inform the other family prior to arrival at camp.

DAY CAMP ACTIVITY SCHEDULE

7:00 – 8:30 am	AM Extended Care Activities
8:30 am	Campers Arrive / Attendance
8:50 am	Flag Raising / Announcements
9:10 am – 9:50 am	Special Events / Tribal Time
10:00 – 10:55 am	Activity Period 1
11:00 – 11:30 am	Lunch 1
11:00 – 11:55 am	Activity Period 2
12:00 – 12:30 pm	Lunch 2
11:45 – 12:30 pm	Activity Period 2
12:40 – 1:30 pm	Activity Period 3
1:40 – 2:30 pm	Choice Period
2:40 – 2:50 pm	Pony Express
3:00 – 3:50 pm	Activity Period 4 + Snack
4:00 – 4:30 pm	Check – Out
4:30 – 6:00 pm	PM Extended Care Activities & PM Specialty Programs

ACTIVITY PERIODS

Campers are assigned villages based on their age and grade. Each village travels to each activity period together every day. Campers participate in a variety of activities each day; swimming, archery, boating, arts and crafts, land sports and more! During choice period, each camper has the opportunity to choose an activity in which they wish to participate.

LUNCHES & SNACK

At camp, our professional Food Service staff serve up cuisine that might surprise you. Our cuisine is naturally “kid friendly” and we prepare foods in the healthiest way possible. Here’s a little hint...we don’t even have deep fryers at camp! We strive to serve healthy options to give everyone the right kind of energy, and also hearty options to give everyone enough energy for days full of all sorts of outdoor activities. At Day Camp, campers will receive lunch and a mid-afternoon snack every day along with the occasional trip to the Trading Post.

Along with the main entrée and sides at every meal, we have a large “build your own” salad bar. The salad bar includes fresh romaine lettuce, cucumbers, tomatoes, olives, garbanzo beans, amongst a rotating cast of other toppings and salad dressing. Soy nut butter and jelly sandwiches as well as cold cuts are also available during lunch. Fresh fruit is available as well.

Chef Jason and his Food Service staff pay close attention to special diets and can accommodate just about any dietary need with enough prior notice and communication. If you are sending someone to camp with special dietary needs, please contact Chef Jason at jason@ycamp.org. With your cooperation combined with Chef Jason’s training and 19 years of experience, together we should be able to design a plan to suit your camper’s needs while here with us at camp.

Healthy Eating & Physical Activity

In 2011, Y-USA made a commitment to become the nation’s healthiest childcare provider. By adopting and implementing Healthy Eating and Physical Activity Standards in more than 2,700 Ys across the country, the Y is developing healthy habits in over 1 million youth. As a cause-driven organization, the Y isn’t merely looking to incorporate this standard into its youth programs, but seeks to improve health for youth in every community the Y serves. YMCA Camp Ockanickon, Inc. has transitioned towards adopting these standards in all of its programs. The Y has pretty simple guidelines on how to provide a healthy eating environment.

- Serve fruits or vegetables at every meal and snack
- Children serve themselves (family-style)
- No partially hydrogenated oils (trans fat), fried or pre-fried foods
- Serve whole grains when grains are served
- Serve foods free of sugar as one of the first three ingredients or less than eight grams of added sugar
- Offer water at the table during every meal and accessible at all times. One hundred percent juice cups are also available.

This means things food items like fried potato chips and fried chicken fingers are not to be served. It also means the elimination of things like candy and sugary drinks in the Trading Post. Will there be exceptions? **Yes!** We will still have s’mores, because you can’t have summer camp without s’mores! And in the Trading Post we will still offer ice-cream and ice-cream novelties.

This change also includes the following suggestions:

- **Engage parents** at least once per quarter regarding HEPA
- **Limit screen time** to less than 30 minutes per day for half day programs and 60 minutes per day for full day programs.
- **Role Model** healthy eating and physical activity

SWIM PROCEDURES

Every camper must participate in a swimming evaluation to swim in our lake. Our certified lifeguards will make the evaluation of swimming ability and place campers in the appropriate swim level sections. Each of our waterfronts is sectioned off into three different swimming levels; white, green, and red.

The white section is open to all campers and is the shallowest section. The green section is the middle section and requires a little more endurance. Finally, the red section is our deepest section at the waterfront, and is best for campers who can comfortably swim for extended periods of time.

The swim tests are designed to ensure that your camper is swimming in an area of the lake that is safest for them. The tests are as follows:

White Section: Walk out to the deepest point of the section and touch the rope. This ensures that campers are able to touch the bottom in the whole section.

Green Section: Two dock lengths of freestyle, one dock length of breast stroke (unmodified), and thirty seconds of treading water. This is to ensure that campers who may not be able to touch have the stamina to keep swimming in a safe manner.

Red Section: Two dock lengths freestyle, two dock lengths breast stroke (unmodified), and one minute of treading water. It is highly unusual that campers can touch in the red sections. So stamina and ability to keep swimming for long periods of time without grabbing a dock for assistance is of the utmost importance.

Our lifeguards take their jobs very seriously, and watch during tests for signs that your camper may not be in the safest section for them during the swim test.

Signs that your camper may not be ready for the section that they are testing for are as follows:

- Repeated motions of reaching for the bottom of the lake for support or a break.
- Fully submerging their head at any point of the test where it is not required
- If a camper seems overexerted or claims to feel too tired during the test.
- Inability to complete a dock length of one of the strokes.
- Reaching for a dock for assistance or support.

Campers are encouraged to test for more advanced swim levels at the beginning of each week. With hard work and practice, campers can always advance to harder sections!

TRADING POST (CAMP STORE)

- The Trading Post sells camp clothes such as sweatshirts, t-shirts, shorts, and long sleeve t-shirts; souvenir items such as lanyards, flash lights, water bottles, beach towels, small toy items and various beverages and snack items.
- Campers should not have cash in their possession while at camp. Funds may be deposited in your camper's Trading Post account through online registration or via cash, check or credit card, prior to their arrival at camp.

Day Camp: We recommend depositing \$10.00 per one-week session.

Does not apply to Preschool Camp.

Any unspent Trading Post funds will be donated to the Camper Scholarship Fund. Your camper will have an opportunity to spend down their account on their last scheduled visit to the Trading Post.

HORSEBACK RIDING

Our horseback riding program is provided by Suffolk Stables. Suffolk Stables prides itself on the quality of its instruction and horse lessons. Teaching more than riding itself, Suffolk Stables offer stable practices and barn management, along with horse care and equipment.

The horseback riding program allows campers to learn the fundamentals of riding and horse care. The program is for basic and intermediate level campers with a minimum age of 8. An additional fee is required to participate in horseback riding. All lessons work with the camper's progression in horseback riding.

- All campers who participate in the equestrian program are required to wear long pants and wear sturdy, hard-sole shoes or boots with ½ inch heel.
- All riders must wear a safety helmet while mounted. Camp provides helmets but it is permissible for your camper to bring their own, as long as it is SEI/ASTM certified.
- Day Camp equestrian campers will have lessons from 4:30 pm – 5:30 pm Monday through Friday. Credit will not be given for missed lessons. **Day campers cannot register for both horseback riding and bus transportation.**

PM SPECIALTY PROGRAMS

All campers are welcomed to enroll in our PM Specialty programs. These programs are extra time in the day where campers can participate in some of their favorite activities for some extra time. They can use this time to expand on a skill, or, just enjoy the camp activities that they love! The activities offered area as follows:

Session 1: Arts & Crafts – Campers interested in PM Arts & Crafts will enjoy the chance to partake in extra projects that are not offered during the day to day Arts & Crafts classes. They will be able to try and practice new techniques each day!

Session 2: Fishing – This program allows campers who love fishing in our lake the chance to hone their fishing skills. Campers will have the chance to focus on how to spot a good fishing spot, learning how to attract fish, and get more time dedicated to their individual fishing practice.

Session 3: Robotics – The robotic program introduces campers to the basic ideas of mechanics and electricity. Campers will use kits to learn how to build different devices to complete different goals and challenges.

Session 4: Cooking – Campers will learn expanded recipes from the cooking program throughout the week. They will have access to more advanced kitchen tools and equipment, and experiment with new techniques and skills that will carry over to many different recipes that could be tried at home.

Session 5: Outdoor Living Skills – If there is one thing that makes our camp special it is the beautiful property that we have. This pm specialty highlights that. Campers will learn outdoor skills such as shelter building, animal tracking, and orienteering.

Session 6: NJ School of Music – New Jersey School of Music in Medford is our guest star for this program. Their trained music instructors teaches our campers various instruments throughout the week.

Session 7: Drama – Campers will gain experience of what it is like to be in a performance. Campers will learn acting techniques, practice rehearsing lines, as well as gain confidence of public speaking.

Session 8: Martial Arts – Martial Arts Fitness Center guest stars for this program. Campers will work directly with a martial arts instructor and learn the basics of martial arts.

Session 9: Sports – This pm specialty program will give campers the chance to take extra time to participate in the different sports that they love. Campers will get extra experience playing classics like soccer, basketball, kickball, and more!

Session 10: Games, Legos, and More! – This pm specialty will allow campers to participate in the games and activities that they love. Campers will get the chance to take on Lego challenges, learn new card games and tricks, play their favorite board games, and more!

DAY CAMP EXPLORERS FIELD TRIPS

Day Camp Explorers, ages 12 to 15, will have the opportunity for fun, learning and making new friends while traveling to a local attraction once per session. Bus transportation and lunch are provided and supervision is offered by our experienced camp staff. Trips are optional. If your camper chooses to stay at camp, they will spend the day with one of the 11-year old villages (Algonquin or Lenape). At least one staff member attending our field trips is First-Aid and CPR certified.

DAY CAMP EXPLORERS OVERNIGHT – NEW FOR 2018!

This year Stockwell is introducing an exclusive explorer only overnight. It is no additional cost! Explorers aged campers are encouraged to stay over and enjoy family night festivities, as well as bonus activities not featured during their typical day at camp. Exclusive teen programs will be offered and run by our trained staff. This will be a one night overnight, with dinner and breakfast provided. Explorers only overnights will be held on Wednesday, July 11 and Wednesday, August 8.

DAY CAMP OVERNIGHTS

Day Camp Overnights are offered during sessions 4, 6, and 8 on Wednesdays, for campers ages 7 and older. Campers will spend the night at camp and will participate in various activities such as swimming and land sports games. Dinner and breakfast the next day are provided. Campers should bring a sleeping bag, pillow, change of clothes, bathing suit, toiletries, beach towel, non-aerosol bug repellent, flashlight and sleepwear. Overnights are offered for an additional fee, with a limited enrollment, and are first come, first served.

DAY CAMP FAMILY NIGHTS

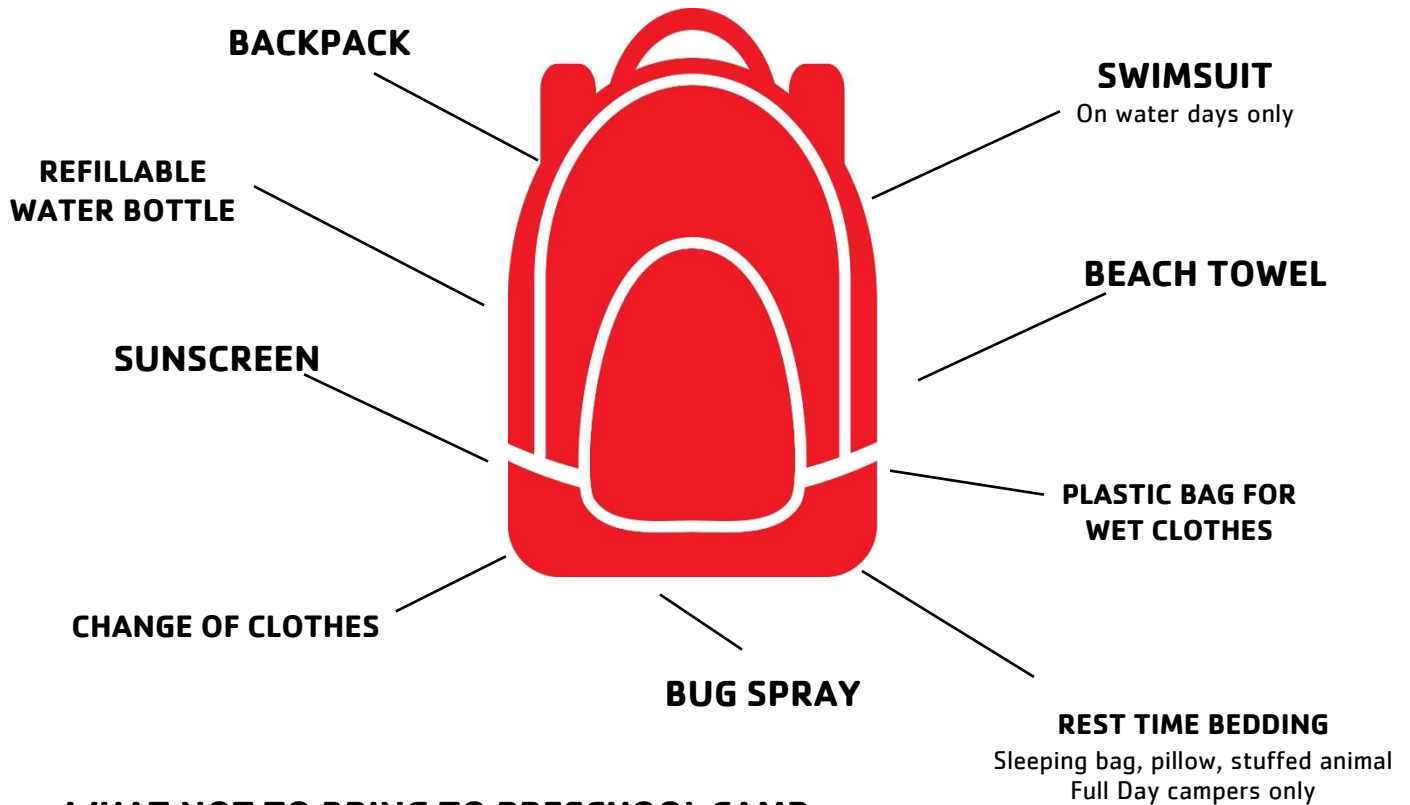
Family Nights are a great opportunity for the whole family to come to camp and see a sampling of various programs your camper experiences each day. Family Nights are on Wednesday night during sessions 3, 5, 7 and 9. BBQ and s'mores will be served at no additional charge. The following activities will be available: swimming, boating, archery and gaga. Our Trading Post will also be open at this time. Please RSVP, two days before the event, at our check-in table during drop off or pick up, or call our Main Office at 609.654.8225. Family Nights may be cancelled due to inclement weather.

MEET THE STAFF NIGHT

Join us on Wednesday, June 20 to meet our summer camp staff! This is a great opportunity to not only enjoy our delicious BBQ, but also to meet some of the camp staff that will be taking care of your camper all summer long. This evening will be filled with fun activities, yummy food and great conversations. Rain date is schedule for June 21.

WHAT TO BRING TO PRESCHOOL CAMP

Please add your camper's name to everything they bring to camp.
We require closed toe shoes to be worn at all times.



WHAT NOT TO BRING TO PRESCHOOL CAMP

Camp has a policy of no electronic equipment. These include but are not limited to:

- CD/iPOD/MP3 player
- Radios/TVs
- Electronic games
- Cellular phones
- Laptop/handheld computers
- Electronic reading devices

If discovered, these items will be held in a safe place until the camper leaves camp.

We strive to keep camp a safe environment. The following are forbidden:

- Illegal drugs and/or drug paraphernalia
- Tobacco products and/or vaping devices
- Alcohol
- Knives, guns, or any weapon
- Fireworks or explosive
- Matches, lighters or candles

PRESCHOOL CAMP CHECK-IN AND CHECK-OUT

Check-In

- Preschool Camp's check-in begins at **8:30 am** Pomona Lodge, located towards the main entrance of camp.
- Each Monday morning, during check-in, you will receive parent pickup cards. This card lets our staff know that you are authorized to pick up. Please distribute these cards to all of your emergency contacts listed on your registration. If you or someone else picking up your camper does not have a pickup card, we will ask for identification for safety purposes.
- **AM Extended Hours are available from 7:00 am – 8:30 am.** Campers must be registered prior to using this service. This service is an additional fee.

Check-Out

- Preschool Camp's check-out time is between **4:00 pm – 4:30 pm** daily at Pomona Lodge.
- Each Friday, be sure to pick up any medications from the health care providers and check lost and found.
- **PM Extended Hours are available from 4:30 pm – 6:00 pm.** Campers must be registered prior to using this service. This service is an additional fee. Picking up after 6:00 pm will result in a late fee of \$10 for each 15 minute interval of additional time.

Please note: Sessions 9 and 10 will be moved to Cherokee Lodge. Cherokee Lodge is located at our Cherokee Beach membership swim area. Directions will be placed throughout camp during those weeks.

PRESCHOOL CAMP LATE DROP-OFFS AND EARLY PICK-UPS

Parents/Guardians who need to drop off their camper late or pick up their camper early, must check in with the Main Office, located off Stokes Road. This process eliminates the vehicle traffic as well as identifies visitors on camp property.

Please be sure to have photo identification or parent pick-up card readily available when picking up your camper.

PRESCHOOL CAMP ACTIVITY SCHEDULE

7:00 – 8:30 AM	AM Extended Care Activities
8:30 am	Campers Arrive / Attendance
8:50 am	Circle time and Morning Meeting
9:15 – 10:15 am	Weekly Theme Activity
10:20 am	Mid-morning Snack
10:50 – 11:45 am	Activity Period
12:00 pm	Morning Preschool Campers Check - Out
12:00 pm	Lunch
12:45 – 1:30 pm	Rest & Relaxation
1:45 – 2:15 pm	Activity Period
2:30 pm	Snack
2:50 – 3:45 pm	Special Events / Water Day / Playground Time
4:00 – 4:30 pm	Check – Out
4:30 – 6:00 pm	PM Extended Care Activities

PRESCHOOL ACTIVITY PERIODS

Preschool campers will be divided into 2-3 different groups each week. During each week, each group will participate in three rotated activity periods. Activities include, arts and crafts, science, earth education, and more!

PRESCHOOL LUNCHES & SNACK

Full-day preschool campers should bring a lunch, beverage and refillable water bottle to camp daily. We recommend packing a healthy, low sugar and balanced meal. Lunches can be refrigerated. However, we ask that lunches do not need to be cooked or prepared. A microwave is available to quickly reheat food items requiring no more than 45 seconds of heating time. Please be sure to label all lunch boxes and all containers inside. Camp will provide full-day preschool campers with two snacks per day; mid-morning and afternoon. Fresh fruit will be available at both snack times. AM-only preschool campers will receive one snack daily in the mid-morning.

REST & RELAXATION

Rest & Relaxation is intended to let our campers recharge, so anyway that your camper decides to do it is more than welcomed. If desired, campers have the option to nap, so it is important to bring bedding: sleeping bag, pillow, stuffed animal, etc. Other quiet activities will be provided during this time for campers who do not wish to nap.

EMERGENCY CONTACT

- In the event of an emergency, parents should contact the Main Office at 609.654.8225 during our business hours outlined on page 1.
- If calling outside of office hours, please use the Director's phone number listed on page 1.
- In the event of an emergency at camp, we will contact each camper's family, post messages on our website at www.ycamp.org as well as updates on our Facebook page.
- Each camp uses a text alert system, Remind. Remind is a free, safe, and simple messaging tool that helps us share important information and reminders with parents. Visit our website under the Forms and Documents section for more information to subscribe to your camper's registered session alerts.

CAMPER COMMUNICATION

At camp, one of our priorities is to facilitate communication with you. We want to ensure that you have avenues of communication with your camper and feel as comfortable as possible with the camp experience. We are committed to doing everything that technology allows us to do to make that happen.

Ways to Communicate With Your Camper:

Videos: Picture videos are created at the conclusion of each session of day camp. Videos will be emailed the following Monday of the session to all parents via email.

Phone Calls: Campers are not permitted to make or receive phone calls while at camp. If there are any issues with your camper, the Camp Director will contact you.

Be sure to follow the Stockwell Facebook and Instagram account for updates and pictures throughout your camper's time here!

Facebook: @lakestockwell or www.facebook.com/LakeStockwell/

Instagram: @stockwelldaycamp or www.instagram.com/stockwelldaycamp/

HEALTHCARE AT CAMP

We have a skilled medical staff of registered nurses with experience in pediatrics, emergencies, critical care and pre-hospital emergencies.

Each camp has an on-staff health care provider and a fully stocked, climate controlled infirmary to address all campers' medical needs. In addition, many of our staff are trained and certified in CPR with training for the use of an AED, blood borne pathogens, child abuse, basic first aid, certified first responder, wilderness first aid and lifeguarding.

In Case of Illness or Injury at Camp

Our goal is for your camper to have an outstanding camp experience, by helping him or her feel better and return to activities as soon as possible. In the event your child becomes ill or injured, our team of experienced health care staff will evaluate and treat your child within the parameters set forth by you and in conjunction with our standing orders. In the event that your camper's condition falls outside of general supportive care, additional medical support may be sought from a local physician, dentist, orthodontist or Emergency Medical Services. Parents will be notified of all conditions requiring convalescence or observation in the infirmary for longer than 8 hours, emergency care that exceeds basic first aid, visits to the hospital or urgent care, or in cases where the health care staff require additional information that is not provided on the online Camper Medical Form.

Payments for the services of an outside provider are the responsibility of the parent. In the event any treatment recommended by the hospital Emergency Department is refused, the camper must return to the care of their parents as soon as possible.

Our health care staff will contact you if any of the following occur to your camper while at camp:

- Remains in the Infirmary for more than 8 hours.
- Has multiple visits to the Infirmary for the same issue.
- Needs to be evaluated by a physician for non-emergencies.
- Is going to be sent to a hospital or clinical care for evaluations – campers will always be escorted by a camp staff member when being transported via ambulance.
- Obtains an injury to the head, back, spine, eye, or a cut that may leave a scar.
- Receives a bee/wasp sting.
- Has a temperature greater than 101°F.

Care for Ill or Injured Campers

Our health care staff is prepared to care for most childhood illnesses. Campers who are convalescing in the infirmary are monitored by our health care staff and camp counselors. The health care staff may request your camper convalesce at home for illnesses or injuries that would disrupt the camper's abilities to participate in activities for more than 24 hours or if the camper is contagious and at risk of infecting other campers. For instances of home convalescence, your camper will be able to rejoin camp only after an evaluation from the camper's physician and a clean bill of health.

With respect to illnesses/fever, we require that all campers be free of fever or symptoms for 24 hours before returning to camp. Symptoms include severe pain or discomfort, a fever, vomiting or diarrhea, or open sores/rash. Campers that have exhibited these symptoms may return to camp after being symptom free for 24 hours, or with a note from a medical provider that the camper poses no serious health risk to him/herself or other campers. However, if visible symptoms remain and the camper has a note, we still reserve the right to send your camper home. At camp, we strive to protect the safety and health of all of our campers, and to stop the spread of germs and illness during the summer camp season. With respect to a head injury, severe illness, or other injury, we reserve the right to request that a note be provided from your camper's medical provider clearing the camper to return to camp as deemed necessary by our camp medical staff.

Prescription & Over the Counter (OTC) Medication

Our health care staff is able to administer all prescription and over the counter medicine, supplements, vitamins, and topical ointments. For the safety of your camper, we require the following steps to be taken:

- All medications sent to camp must be in the original prescription container or packaging. Outdated medications, pill organizers, or loose medication in containers will not be administered to your camper.
- All medication will be dispensed as instructed on the original container, and by the parents/guardians instructions on the camper's online Camper Medical Form.
- All medications must be checked in at the Infirmary on the first day of camp by the parent/guardian. Please be sure to list any and all medications on your camper's online Camper Medical Form.
- Campers are not allowed to self-administer medication, supplements, vitamins or topical ointments.

LOST AND FOUND POLICY – NEW FOR 2018!

Any items that are in the lost and found for two camp sessions will be donated to charity. At the completion of each camp day, activity areas are searched by our leadership team and lost and found items are collected and brought to the lodge to our lost and found bins. If your camper loses an item, be sure to contact the camp director, as they will have someone look for your item or schedule a time for you to search for the item. It is important for all of your campers belongings to be labeled with their name.

BEHAVIOR MANAGEMENT POLICY

All camp activities are designed to reinforce the Y's four core values of **caring, honesty, respect, and responsibility**. In order for all campers to have the best possible experience, all campers need to be aware of the rules and agree to follow them. If a camper consistently or excessively breaks the rules and chooses not to take part in camp, they can negatively affect other campers by jeopardizing their physical or emotional safety. When this happens, all other campers in the village fail to receive the best possible camp experience. In the event that a camper chooses to not participate in camp we will encourage them to do so by following the rules and values of camp.

Behavior Guidelines:

- Campers are responsible for their words and actions.
- We respect each other and the environment.
- Honesty will be the basis for all relationships and interactions
- We will care for ourselves and those around us.
- Campers are to follow directions from staff members.
- We keep our hands, feet and other body parts to ourselves.
- Campers must travel with their group.

Any disciplinary measures used will relate to the camper's specific actions and will be handled in a timely manner. No physical punishment, humiliation, scare tactics or controlling measures shall be allowed. Methods associated with food deprivation or extended isolation are not permissible. It may be necessary to separate the camper until he/she is able to regain control of his/her emotions/behaviors, and join the village.

The following behaviors are not acceptable and may result in the immediate suspension of a camper for the remainder of the current day and the next day for day camp.

- Endangering the health and safety of oneself or others.
- Stealing or damaging camp or personal property.
- Continual disruption of the program.
- Refusal to follow the behavior guidelines.
- Using profanity or engaging in inappropriate conversations.
- Bullying behavior or any acts of violence.

Camp staff will always work toward developing a cooperative plan of action to maximize a camper's chance of success. YMCA Camp Ockanickon, Inc. strives to be inclusive of all.

YMCA Camp Ockanickon, Inc., in its sole discretion, reserves the exclusive right to refuse any registration and/or dismiss any camper for any reason.

BEHAVIOR MANAGEMENT POLICY CONTINUED...

If redirection and mediation cannot work, the following steps may be taken:

First Phone Call to Parent/Guardian

Official warning of camper's behavior and plan of action for camper – warning of possible dismissal if camper continues to exhibit disruptive behavior

Second Phone Call to Parent/Guardian

Final warning and/or dismissal from Camp program

Third Phone Call to Parent/Guardian, if applicable

Dismissal from Camp program

YMCA Camp Ockanickon, Inc. and staff reserve the right to immediately send home a camper from its programs. Chronic and/or extreme behavior may warrant dismissal and is at the discretion of the Camp Director.

Campers dismissed from camp for any reason may not be eligible to return to camp programs in the future. Camp fees are non-refundable and will not be pro-rated if a camper is sent home for any reason at the discretion of the camp.

IMPORTANT CONTACT INFORMATION

We have been in the business of serving children and families for more than 100 years and bring that experience and joy to our work every day.

We know that the camp experience can be magic, but it is completely natural to feel a bit nervous about sending your child to camp, whether for the first time or the tenth. We have an immense amount of resources we can share with you and we are able to give you referrals from other families who have found that our camp experiences have positively impacted their children. Please just ask how we can serve you.

Day Camp Director:	Lynn Passarella	609.678.1502	lynn@ycamp.org
Assistant Director:	Cate Wobbe	609.678.1512	cate@ycamp.org
Food Service Director:	Jason Ostroski	609.678.1530	jason@ycamp.org
Registration:	Lynne Gally	609.654.8225	registration@ycamp.org

**THANKS SO MUCH FOR CHOOSING
LAKE STOCKWELL DAY CAMP AND PRESCHOOL CAMP!**