LAKE STOCKWELL DAY CAMP
FREQUENTLY ASKED QUESTIONS – BEFORE CAMP

What are the camp hours? Do you offer extended hours?
Drop off is between 8:00 and 8:30 am.
Pick up is between 4:00 and 4:30 pm.

We offer both AM and PM extended hours, for an additional fee. AM extended care begins at 7:00 am and PM extended care ends at 6:00 pm.

How are campers divided into groups?
Campers are divided into different villages based on the grade they are entering in the fall. There are a total of 18 villages in Lake Stockwell Day Camp!

What are the camper to staff ratios?
Our ratios vary depending the age and grade level of the campers.

Age / Grade Level	Counselor	Camper
3 – 6 / PREK – 1st grade	1	6
7 – 8 / 2nd to 3rd grade	1	8
9 – 11 / 1th to 6th grade	1	10
12 – 15 / 7th to 10th grade	1	12

Who are the summer staff? How are they trained and are criminal background checks conducted?
Our summer staff is made up of people who are excited to work with children in an outdoor-camp setting. We begin hiring at 16 years of age. Many of our young staff have been a participant in our Counselor-in-Training program and/or campers themselves. We also hire international staff members that come from a variety of countries. We value the different cultures and experiences they bring to camp. We also have a host of staff members who have relevant work or volunteer experience that includes such as teachers, paraprofessionals, students in youth-related fields, and other types of youth-serving professionals.

Staff members submit to comprehensive background checks and participate in a various mandatory trainings. All staff attend a minimum of a full week of staff training prior to camper arrival. During this time, staff are trained in YMCA of the Pines' policies and procedures as well as child development, camp safety and emergency preparedness, behavior management, engaging games, camp songs and so much more!

Will my camper be with the same counselors each week?
Yes and no but here's why: Each grade level is supervised by a Unit Director. They are responsible for managing group dynamics, behavior management, communicating with our camp families, and more.

Each grade group has a Head Counselor and 3-4 Support Counselors. While our Unit Directors and Head Counselors will remain with the same group throughout the summer, Our Support Counselors will change from group-to-group every week. Your camper will have the opportunity to meet and be cared for by a variety of staff. We do this so our campers feel part of the greater camp community, and get to know and recognize a number of staff rather than a small few. This is important for all of our campers, as younger campers will recognize more friendly faces and feel more comfortable at camp, and our older campers will get to meet more staff and be a part of a larger camp community. This also helps staff remain energized throughout the summer.

Is lunch provided?
Yes! We provide a hot, kid-friendly meal each day. Along with the main entrée we have a variety of additional options – "build your own" salad bar, cold cut bar consisting of turkey, turkey ham and cheese, and assorted cereals. In the weekly newsletter, you'll be able to review the lunch menu for the week with your camper. If your camper prefers not to eat camp's food, they are welcome to bring a bagged lunch.

Sample Weekly Menu:
Monday – Pizza
Tuesday – Tacos
Wednesday – Chicken Tenders
Thursday – Hot Dogs
Friday – Pretzel Melts (ham & cheese on a pretzel bun)

Can my camper be in the same group as a friend? What if the friend is in another grade?
On your camper's registration form, you can request a friend for your camper to be grouped with. In order for the request to be 100% guaranteed both campers will need to request one another. If you are unsure if a friend is attending at the time of registration, please email the Camp Director (lynn@ycamp.org) to add the friend to your camper's registration account.

If a friend is in another grade, the campers will be placed in the youngest grade out of the two of them. For example, if one camper is going into 3rd grade and the other camper is going into 2nd grade, both will be placed in the 2nd grade age group. We will not honor requests that are more than one grade apart.

What if my child has food allergies or will need dietary accommodations?
Our food service staff are excellent in providing meal accommodations for all types of diets. At each meal, we offer vegetarian and gluten-free options. We are also a peanut friendly camp (we do not serve peanuts or peanut-products). On your camper's health form, there is a section that you are able to note any relevant food allergies. The counselors will receive your camper's allergies at the beginning of the week, so that the staff are aware what your camper will need to avoid. We also recommend discussing your camper's allergies with our Food Service Director and Camp Nurse.

What does the daily schedule look like?
Every day is an adventure at Lake Stockwell Day Camp. Campers will participate in 5 activity periods per day. The activities rotate throughout the week so each day the villages follow a different schedule. We have 2 lunch periods (11 am for campers' grades K-3 & 12 pm for campers' grades 4-10) and snack is at 2:30 pm for the entire camp.

Most activities are scheduled to occur 1-2 times per week for each group. This means that your camper may do an activity for the first time on Friday.

What kind of activities are offered?
We offer traditional camp programs for our campers. We also offer progressive programming so that campers have something to look forward to year after year as they get older. Our activities by grade can be found here.

My camper isn't a strong swimmer. How will they stay safe in the water?
Our lake is divided into three different sections based on the depth of the water. Each camper will participate in a swim evaluation, conducted by our certified lifeguards. Campers can choose the section they would like to test in. Our counselors are also in the water with the campers and on the beach area.

The swim tests are designed to ensure that your camper is swimming in an area of the lake that is safest for them. The tests are as follows:

> **White Section**: Walk out to the deepest point of the section and touch the rope. This ensures that campers are able to touch the bottom in the whole section.
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> **Green Section**: Two dock lengths of freestyle, one dock length of breast stroke (unmodified), and thirty seconds of treading water. This is to ensure that campers who may not be able to touch have the stamina to keep swimming in a safe manner.
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> **Red Section**: Two dock lengths freestyle, two dock lengths breast stroke (unmodified), and one minute of treading water. It is highly unusual that campers can touch in the red sections. So stamina and ability to keep swimming for long periods of time without grabbing a dock for assistance is of the utmost importance.

What's in the Trading Post? How often will the campers go there?
The Trading Post sells camp swag (t-shirts, sweatshirts, etc.), water bottles, toys, stuffed animals, flash lights, ponchos, etc. The Trading Post also sells assorted beverages (Propel, Gatorade, Water, etc.), snacks, beef jerky, and of course, ice cream! ☺ We recommended depositing $5-$10 per week as campers are only scheduled for the camp store once per week.

I did not receive camper pick-up cards in the mail. How do I receive them?
Camper pick-up cards will always be available during each session. Just ask a staff member during Monday morning drop off for the desired number of cards you'd like to receive for the week.

Not familiar with our camper pick-up cards and procedure? Be sure to check out the pick-up procedures in our family handbook.